

105th Annual
Russell Cup

**Track & Field
Invitational**

Carpinteria High School

April 19, 2025

\$3.00



The 105th Annual Russell Cup

Bishop Diego	Oakland Military Institute
Brentwood	Oaks Christian
Cabrillo (Lompoc)	Oakwood
Campbell Hall	Paraclete
Carpinteria	Poly (Pasadena)
Cate	Providence (Santa Barbara)
Crespi	San Luis Obispo Classical Academy
Desert Christian (Lancaster)	Santa Clara
Edgewood	Santa Paula
Fillmore	Santa Ynez
Foothill Technology	Sierra Canyon
Grace Brethren	St. Bonaventure
Hart	St. Genevieve
Heritage Christian	Thacher
Legacy Christian Academy	Trinity Classical Academy
Lompoc	Vasquez
Louisville	Viewpoint
Morro Bay	Villanova Prep
Nipomo	Windward
Nordhoff	Yosemite

On the cover:

Lucy Duncan leads the pack in a 1998 Russell Cup. This was the old dirt track at Carpinteria High School before the stadium was built.

Honorary Meet Directors

BILL AND CHERIE DAYKA

The Daykas history with the Russell Cup goes back four decades ...back when Cherie was a Carpinteria Warrior running the 100 and the 220 yard sprints. As a family, the Daykas have been Russell Cup volunteers for over a decade. Bill and Cherie have worked together on both the long jump and triple events for the CIF Prelims as well as the Russell Cup. Together, the duo run a professional and efficient event. Carpinteria track & field is fortunate to have such talented volunteer officials.

Bill has been a supporter of Carpinteria High School in many ways. He has given tours of his local print shop, Rockwell Printing, to the graphic design class. He has also generously donated printing jobs to the high school as well. Bill has served as a board member for the Future Farmers of America. He has also served on various committees at the high school over the years.

Cherie is a Warrior track & field alumnus. In addition to officiating at the Russell Cup, she has run the jump pit at many of the Warrior dual meets.

She also helps with the services that Rockwell Printing provides.

Bill and Cherie have two children who were members of the Carpinteria track team, Kameron and Karina.

The Russell Cup would like to thank the Daykas for their hard work and dedication to Carpinteria High School.



Russell Cup Ambassadors

Yasmin Herrera

Alison Thai

Hector Bernal

Taison Lee

Kai Bui

Kacey Kramer

Leighla Richter

Russell Cup and Stadium Records

100 METERS

<i>Stadium</i>	10.46	Rodrick Pleasant	Serra	2021
<i>Russell Cup</i>	10.72	Cristian Moore	Oaks Christian	2018
<i>F/S Russell Cup</i>	11.11	Marshall Jones	Oaks Christian	2005
<i>Stadium</i>	11.65	Lauren Rain Williams	Oaks Christian	2016
<i>Russell Cup</i>	12.29	Juliette Martinez	Fillmore	2004
	12.29	Alexandra Courtnall	Oaks Christian	2010
<i>F/S Russell Cup</i>	12.35	Ebony Crear	Maranatha	2012

200 METERS

<i>Stadium</i>	21.02	Rodrick Pleasant	Serra	2021
<i>Russell Cup</i>	21.76	Branden Smith	Paraclete	2016
<i>F/S Russell Cup</i>	22.55	Jabrian Blackwell	Crespi	2011
	22.55	Isaiah Bell	Garces Memorial	2018
<i>Stadium</i>	23.30	Lauren Rain Williams	Oaks Christian	2016
<i>Russell Cup</i>	25.25	Alexandra Courtnall	Oaks Christian	2010
<i>F/S Russell Cup</i>	25.04	Kaylin Fletcher	Heritage Christian	2019

400 METERS

<i>Stadium</i>	47.44	Robert Woods	Serra	2009
<i>Russell Cup</i>	48.52	Liam Gair	Villanova	2022
<i>F/S Russell Cup</i>	50.55	Kyle Brown	Maranatha	2011
<i>Stadium</i>	54.49	Turquoise Thompson	Serra	2009
<i>Russell Cup</i>	55.67	Treani Swain	Oakwood	2003
<i>F/S Russell Cup</i>	59.19	Lauren Dorsey	Chadwick	1999

800 METERS

<i>Stadium</i>	1:50.13	Ellis Delvecchio	Thacher	2022
<i>Russell Cup</i>	1:51.40	Coley Candaele	Carpinteria	1990
<i>F/S Russell Cup</i>	2:00.14	Cameron Kunde	Nordhoff	2014
<i>Stadium</i>	2:10.51	Carlyle Davis	Marlborough	2009
<i>Russell Cup</i>	2:14.54	Nikki Shaw	Fillmore	1990
<i>F/S Russell Cup</i>	2:21.70	Brooke Secreto	Foothill Tech	2019

1600 METERS

<i>Stadium</i>	4:12.27	Chad Hall	Big Bear	2006
<i>Russell Cup</i>	4:15.57	Coley Candaele	Carpinteria	1990
<i>F/S Russell Cup</i>	4:25.46	Cameron Kunde	Nordhoff	2014
<i>Stadium</i>	4:45.59	Aidrey Suarez	Mayfield	2021
<i>Russell Cup</i>	5:02.36	Annie Mooney	Mission Prep	2011
<i>F/S Russell Cup</i>	5:08.00	Emily Beneduce	Oak Park	2014

3200 METERS

<i>Stadium</i>	8:58.42	Chad Hall	Big Bear	2006
<i>Russell Cup</i>	9:18.14c	Tom Grewe	Carpinteria	1982
<i>F/S Russell Cup</i>	9:33.50	Andrew Mitchell	Desert Christian	2015
<i>Stadium</i>	10:42.38	Claudia Lane	Malibu	2017
<i>Russell Cup</i>	10:52.17	Melissa Skiba	Oak Park	2010
<i>F/S Russell Cup</i>	10:59.22	Emily Beneduce	Oak Park	2014

Russell Cup and Stadium Records

110/100 METER HURDLES

<i>Stadium</i>	14.73	Nikko Hayes	Lompoc	2013
<i>Russell Cup</i>	14.68	John Barbieri	Carpinteria	1999
<i>F/S Russell Cup</i>	15.65	Theo Howard	Oaks Christian	2013
<i>Stadium</i>	14.08	Allie Jones	San Marcos	2017
<i>Russell Cup</i>	14.46	Tayler Johnson	Oak Park	2010
<i>F/S Russell Cup</i>	15.04	Ebony Crear	Maranatha	2012

300 METER HURDLES

<i>Stadium</i>	38.47	Nikko Hayes	Lompoc	2013
<i>Russell Cup</i>	38.74c	John Barbieri	Carpinteria	1999
<i>F/S Russell Cup</i>	41.36	Jason Eiker-Wiles	Carpinteria	2001
<i>Stadium</i>	41.45	Turquoise Thompson	Serra	2009
<i>Russell Cup</i>	45.45	Alex Cerise	La Reina	2013
<i>F/S Russell Cup</i>	44.59	Ebony Crear	Maranatha	2012

LONG JUMP

<i>Stadium</i>	24' 8"	Marquise Lee	Serra	2011
<i>Russell Cup</i>	22' 5 ¾"	Jack Laughner	L.B. Wilson	1939
<i>F/S Russell Cup</i>	21' 7 ¼"	Gabe Martin	Oaks Christian	2019
<i>Stadium</i>	19' 5"	Asjah Atkinson	St. Anthony	2021
<i>Russell Cup</i>	19' 0"	Courtney Corrin	Harvard-Westlake	2013
<i>F/S Russell Cup</i>	17' 0 ½"	Kennedy Kirkland	Cate	2021

TRIPLE JUMP

<i>Stadium</i>	47' 9 ¾"	Jah Strange	Xavier Prep	2016
<i>Russell Cup</i>	45' 10 ½"	Trypucka	Maranatha	1984
<i>F/S Russell Cup</i>	42' 7 ¾"	Cameron Cochrell	Valley Christian	2005
<i>Stadium</i>	41' 5"	Micah Fulton	Muir	2018
<i>Russell Cup</i>	38' 0 ½"	Courtney Corrin	Harvard-Westlake	2013
<i>F/S Russell Cup</i>	36' 3 ¾"	Rivers Sheehan	Cate	2016

HIGH JUMP

<i>Stadium</i>	6' 11"	Joseph Ruddell	Morro Bay	2020
<i>Russell Cup</i>	6' 9"	Vince Porter	Pasadena Poly	2015
<i>F/S Russell Cup</i>	6' 5"	Joseph Ruddell	Morro Bay	2018
<i>Stadium</i>	5' 8"	Kaylene Wagner	Dos Pueblos	2001
<i>Russell Cup</i>	5' 6"	Tracye Lawyer	Cate	1992, 1994
	5' 6"	Jennifer Kitzmann	Santa Ynez	2001
	5' 6"	Meagen Moiola	Morro Bay	2008
	5' 6"	Tayler Johnson	Oak Park	2010
	5' 6"	Zibby Boyer	Pasadena Poly	2010
<i>F/S Russell Cup</i>	5' 4"	Cassidy Palka	Oaks Christian	2014

POLE VAULT

<i>Stadium</i>	16' 8"	Johnny Quinn	St. Margaret's	2006
<i>Russell Cup</i>	15' 6"	Connor Stark	Oak Park	2011
	15' 6"	Ben Gaylord	Harvard-Westlake	2013
<i>F/S Russell Cup</i>	14' 9"	Connor Stark	Oak Park	2010

Russell Cup and Stadium Records

POLE VAULT (continued)

<i>Stadium</i>	12' 7"	Tenly Kuhn	Oaks Christian	2022
<i>Russell Cup</i>	12' 7"	Tenly Kuhn	Oaks Christian	2022
<i>F/S Russell Cup</i>	10' 3"	Kelsie Jarratt	Nipomo	2008

SHOT PUT

<i>Stadium</i>	64' 2"	Noah Bryant	Carpinteria	2002
<i>Russell Cup</i>	62' 6"	Dave Laut	Santa Clara	1975
<i>F/S Russell Cup</i>	56' 2"	Quantock	Rio Mesa	1973
<i>Stadium</i>	49' 8 ½"	Stamatia Scarvellis	Dos Pueblos	2014
<i>Russell Cup</i>	42' 1"	Teresa Loya	St. Joseph	2010
<i>F/S Russell Cup</i>	36' 11 ¾"	Daphne Ebenhack	Desert Christian	2018

DISCUS

<i>Stadium</i>	177' 3"	Chris Gocong	Carpinteria	2000
	177' 3"	Carlton Gillespie	St. Bonaventure	2005
<i>Russell Cup</i>	176' 8"	Kyle Hammerquist	Webb	2003, '04
<i>F/S Russell Cup</i>	143' 5"	Chris Gocong	Carpinteria	1999
<i>Stadium</i>	156' 1"	Stamatia Scarvellis	Dos Pueblos	2014
<i>Russell Cup</i>	138' 9"	Micheline Sheaffer	Carpinteria	1987
<i>F/S Russell Cup</i>	117' 9"	Stephanie Ho	Webb	2002

4 x 100 METER RELAY

<i>Stadium</i>	41.41	J. Bell, D. Anderson, C. Montgomery, D. Lewis	Serra	2022
<i>Russell Cup</i>	42.53		Crespi	2019
<i>F/S Russell Cup</i>	43.83	J. Vincent, D. Holmes, T. Howard, A. Bachman	Oaks Christian	2013
<i>Stadium</i>	46.04	A. Faulknor, M. Brown, T. Thompson, B. Hunter	Serra	2009
<i>Russell Cup</i>	48.42		Harvard-Westlake	2013
<i>F/S Russell Cup</i>	50.68		L.A. Baptist	2000

4 x 400 METER RELAY

<i>Stadium</i>	3:12.53	F. Olloqui, P. Lauderdale, D. Spann, R. Woods	Serra	2010
<i>Russell Cup</i>	3:22.14	J. Andrews, M. Seaton, F. Owusu, Z. Bornstein	Oaks Christian	2013
<i>F/S Russell Cup</i>	3:33.44		Oaks Christian	2010
<i>Stadium</i>	3:50.24		St. Mary's	2011
<i>Russell Cup</i>	3:58.11		Oaks Christian	2019
<i>F/S Russell Cup</i>	4:06.37		Maranatha	2011

Note: Times followed by "c" indicate the times have been converted from hand timing and/or a yards distance to an equivalent fully automatic, metric distance time.

Races will be seeded at the clerk after scratches have been reported.

#1 Girls' 4x100 Relay Frosh/Soph RC Record: 50.68

1	PARACLETE	'A'	50.24
2	FILLMORE	'A'	50.40
3	NIPOMO	'A'	51.85
4	CARPINTERIA	'A'	52.04
5	DESERT CHRIST	'A'	53.21
6	SANTA PAULA	'A'	53.94
7	ST. GENEVIEVE	'A'	54.26
8	NORDHOFF	'A'	55.86

#2 Boys' 4x100 Relay Frosh/Soph RC Record: 43.83

1	SANTA YNEZ	'A'	44.06
2	OAKS CHRISTIAN	'A'	44.29
3	PARACLETE	'A'	45.28
4	FILLMORE	'A'	45.30
5	SANTA PAULA	'A'	45.37
6	NORDHOFF	'A'	45.61
7	NIPOMO	'A'	45.69
8	YOSEMITE	'A'	47.47
9	CARPINTERIA	'A'	

#3 Girls' 4x100 Relay Varsity RC Record: 48.82

1	PARACLETE	'A'	50.24
2	FILLMORE	'A'	50.40
3	SANTA YNEZ	'A'	50.93
4	CARPINTERIA	'A'	52.04
5	FOOTHILL TECH	'A'	52.43
6	SANTA PAULA	'A'	53.94
7	HERITAGE CHRISTIAN		55.28

#4 Boys' 4x100 Relay Varsity RC Record: 42.53

1	SANTA YNEZ	'A'	44.06
2	BRENTWOOD	'A'	44.11
3	OAKS CHRISTIAN	'A'	44.29
4	SANTA PAULA	'A'	45.37
5	HERITAGE CHRISTIAN		45.58
6	NORDHOFF	'A'	45.61
7	MORRO BAY	'A'	45.77
8	CARPINTERIA	'A'	

#5 Girls' 1600 Meters Frosh/Soph 5:08.00

1	Madelyn Galle	10	OAKS CHRISTIAN	5:22.75
2	Adaleyah Jackson	10	CABRILLO	5:30.68
3	Ivy Rios	9	VASQUEZ	5:39.15
4	Jaqueline Guadian	10	CARPINTERIA	5:44.62
5	Leah Williams	9	DESERT CHRIST ...	5:54.32
6	Mila Martins	9	CARPINTERIA	5:55.38
7	Auden McCoy	10	FOOTHILL TECH	5:58.19
8	Skylar Jennings	9	BRENTWOOD	5:59.39
9	Elodie Hodge	9	SANTA YNEZ	5:59.96
10	Haley Simon	10	BRENTWOOD	6:01.72
11	Aanya Desham	10	FOOTHILL TECH	6:03.95

12	Adeline Fouch	10	YOSEMITE	6:09.61
13	Tiffany Coracero	10	SANTA YNEZ	6:12.45
14	Ava Dandurand	9	DESERT CHRIST ...	6:14.13
15	Elly Puls	9	OAKS CHRISTIAN	6:14.20
16	Carissa King	10	HERITAGE CHRISTIAN	6:14.64
17	Eden Harker	9	BRENTWOOD	6:16.38
18	Riley Weal	9	ST. BONAVENTURE	6:18.17
19	Ivy Huang	9	CATE	6:19.09
20	Gracelyn Miller	9	SANTA YNEZ	6:22.53
21	Elena Garcia	10	FILLMORE	6:23.72
22	Evelyn Nannie	10	MORRO BAY	6:29.74

#6 Boys' 1600 Meters Frosh/Soph RC Record: 4:25.46

1	Arizechukwu Nwosu	10	OAKS CHRISTIAN	4:28.57
2	Ati Zwieback	10	CATE	4:40.32
3	Mitchell Majors	9	VIEWPOINT	4:41.49
4	Camden Taylor	10	FOOTHILL TECH	4:42.81
5	Andrew Stilwell	9	NIPOMO	4:44.40
6	Noah Bamsey	9	VIEWPOINT	4:46.51
7	Oliver DeLaVega	9	NIPOMO	4:47.36
8	Max Soto	10	CARPINTERIA	4:47.67
9	Abel Richert	9	SLO CLASSI...	4:52.12
10	Josiah Schroeder	10	DESERT CHRIST ...	4:52.56
11	River Lisenby	10	OAKS CHRISTIAN	4:53.80
12	Henry Tagliere	10	CAMPBELL HALL	4:57.25
13	Jaryt Chen	10	OAKS CHRISTIAN	4:57.73
14	Miles Williams	10	CATE	4:58.92
15	Andrew Hanjoyo	9	FOOTHILL TECH	4:59.00
16	Bret Winters	10	NORDHOFF	4:59.86
17	Alexis Magana	10	SANTA PAULA	4:59.96
18	Abiel Delgadillo	9	LOMPOC	5:00.01
19	Dimitri Nicolaou	9	SANTA YNEZ	5:00.06
20	Aaron Ortega	9	CARPINTERIA	5:00.16
21	James Selby	10	TRINITY CLASSICAL ACAD...	5:00.35
22	Nahum Santa Rosa	10	SANTA PAULA	5:01.39
23	Oliver Zaitz	9	MORRO BAY	5:02.34
24	Xavier Gomez	9	SANTA PAULA	5:04.40
25	Cole Stueve	9	VASQUEZ	5:06.09
26	Caleb Franco	10	FOOTHILL TECH	5:06.21
27	Cooper Haas	11	BRENTWOOD	5:08.81
28	MacAllister Welliver	9	CABRILLO	5:09.26
29	Elias Schroeder	10	DESERT CHRIST ...	5:09.30
30	Jackson Quagliata	9	ST. BONAVENTURE	5:11.05

#7 Girls' 1600 Meters Varsity RC Record: 5:02.36

1	Delaney Napierala	11	OAKS CHRISTIAN	5:01.53
2	Shelby Taylor	10	MORRO BAY	5:05.41
3	Amelia Sarkisian	10	BRENTWOOD	5:08.48
4	Phaedra Fernflores	11	MORRO BAY	5:21.02
5	Brooke Phelan	11	SANTA YNEZ	5:23.31
6	Wendy Wilson	10	MORRO BAY	5:28.10
7	Crystal Ramirez	12	NORDHOFF	5:29.86
8	Miahnna Galvan	12	SANTA PAULA	5:33.90
9	Elizabeth Walker	12	OAKS CHRISTIAN	5:39.31

10	Eriana Carbajal	11	LOMPOC	5:39.67
11	Sophie Ramirez	11	CABRILLO	5:39.81
12	Lily Hendricks	11	YOSEMITE	5:41.64
13	Allie Smith	11	OAKS CHRISTIAN	5:42.55
14	Diana Santa Rosa	12	FILLMORE	5:45.32
15	Kiana Kiah	11	CARPINTERIA	5:45.98
16	Yajayra Ardon	12	PARACLETE	5:48.80
17	Isabella Efner	12	FOOTHILL TECH	5:50.73
18	Zoey Jeong	12	VIEWPOINT	5:51.47
19	Kaylyn Chavez	12	FOOTHILL TECH	5:59.31
20	Alexa Jeong	12	VIEWPOINT	5:59.49
21	Sophia Keller	11	OAKWOOD	6:00.13
22	Victoria Butts	12	EDGEWOOD	6:00.35
23	Miley Tello	11	FILLMORE	6:05.52
24	Melanie Flores	11	FILLMORE	6:06.61

#8 Boys' 1600 Meters Varsity RC Record: 4:15.57

1	Cooper McNee	12	OAKS CHRISTIAN	4:16.09
2	Marcus Napoli	10	NIPOMO	4:23.47
3	Watson Eagles	10	CAMPBELL HALL	4:24.23
4	Vin Krueger	11	OAKS CHRISTIAN	4:24.39
5	Olly O'Connor	11	VIEWPOINT	4:24.82
6	Josue Salinas	12	SANTA YNEZ	4:25.67
7	Mehari Winheim	11	DESERT CHRIST ...	4:27.79
8	Joshua Mitchell	12	OAKS CHRISTIAN	4:30.22
9	Jack Richter	10	VIEWPOINT	4:30.41
10	Noah Barthel	11	LOMPOC	4:31.75
11	Omar Heredia	12	FILLMORE	4:32.13
12	James Infante	10	CAMPBELL HALL	4:34.00
13	Alec Fabery	12	HERITAGE CHRISTIAN	4:34.45
14	Eli Billings	11	FOOTHILL TECH	4:35.34
15	Abe Gade	10	MORRO BAY	4:37.20
16	Alexander Saade	11	HERITAGE CHRISTIAN	4:38.88
17	Fernando Romero-Angeles	11	NIPOMO	4:39.18
18	Lucas de Clercq	11	THACHER	4:40.65
19	Christian Markey IV	10	BRENTWOOD	4:41.26
20	Noah Wagner	10	FOOTHILL TECH	4:41.58
21	Noah Ramirez	11	EDGEWOOD	4:44.28
22	Gavin Leedy	11	FOOTHILL TECH	4:44.39
23	Nathaniel Roettger	11	TRINITY CLASSICAL	4:44.89
24	Ben Olney	12	YOSEMITE	4:45.62
25	Alonzo Wickers	12	OAKWOOD	4:47.29
26	Adam Winters	11	NORDHOFF	4:49.77
27	Matthew Daum	11	THACHER	4:49.94
28	Isaiah Bergara	12	HERITAGE CHRISTIAN	4:50.01
29	Dominic Holst	11	MORRO BAY	4:50.02
30	Alexander Garcia	11	NORDHOFF	4:50.17
31	Eli Reyblat	11	CAMPBELL HALL	4:50.73
32	Jordan Ryan	11	CATE	4:53.52
33	Devin Miller	11	PARACLETE	4:54.21
34	Derek Kessler	11	VIEWPOINT	4:54.28
35	Isaac Munoz	11	PARACLETE	4:54.56
36	Anthony Valdovinos	12	SANTA PAULA	4:55.94
37	Charlie Clarke	10	THACHER	4:56.51

38	Vicente Navarro	12	CABRILLO	4:58.52
39	Eli Waldman	12	MORRO BAY	4:59.06
40	Nathan Lovato	12	NORDHOFF	4:59.84
41	Ethan Wenokur	10	BRENTWOOD	4:59.95
42	Matteo Garcia	12	EDGEWOOD	5:00.34

#9 Girls' 100m Hurdles Frosh/Soph RC Record: 15.04

1	Ashlyn Stegner	10	DESERT CHRIST ...	17.44
2	Lu Rodriguez	10	THACHER	18.42
3	Gracie Goddard	10	MORRO BAY	19.12
4	Isabella Hogle	10	DESERT CHRIST ...	19.53
5	Matilda Labrucherie	10	POLY (PASADENA)	20.09
6	Halleh Gahan	9	CARPINTERIA	20.32
7	Isabella Alajo-Hilton	10	GENEVIEVE	20.57
8	Abigail Billingsley	10	DESERT CHRIST ...	20.73
9	Gioia Martins	9	CARPINTERIA	22.05
10	Anna Petersen	10	CARPINTERIA	22.92

#10 Girls' 100m Hurdles Varsity RC Record: 14.46

1	Lilah Green	12	MORRO BAY	16.17
2	Chiara Baker	10	OAKS CHRISTIAN	16.71
3	Bennett Rodman	11	FOOTHILL TECH	18.59
4	Elena Sleiman	11	SANTA YNEZ	18.83
5	Kayla Kintner	11	HERITAGE CHRISTIAN	18.84
6	Kendall Conte	12	VIEWPOINT	19.00
7	Yaneli Landin	11	FILLMORE	19.11
8	Emelie Magana	11	FILLMORE	19.15
9	Jessica Davison	12	SANTA PAULA	19.32
10	Bella Hart	11	FOOTHILL TECH	19.49
11	Hannah Ngo	12	EDGEWOOD	20.01
12	Lea Martinez	12	FOOTHILL TECH	20.04
13	Aubrey Helm	12	LEGACY CHRIST...	20.64

#11 Boys' 110m Hurdles Frosh/Soph RC Record: 15.65

1	King Webb	9	SIERRA CANYON	16.24
2	Thomas Eckert	10	NORDHOFF	17.16
3	Chase Camacho	10	NIPOMO	17.56
4	Kruz Jackson	9	BRENTWOOD	17.75
5	Kingsley Ossuetta	9	BRENTWOOD	17.84
6	Rex Ortiz	9	SANTA YNEZ	18.94
7	Graham Woolley	11	BRENTWOOD	19.19
8	Josiah Urrutia	10	SANTA PAULA	19.31
9	Isaac Sanchez	9	CARPINTERIA	19.91
10	Lukas Molls	10	CRESPI	19.91
11	Ryker Blake	10	NORDHOFF	19.99
12	Merrick Smith	10	MORRO BAY	20.04
13	Nicolas M Ortiz	10	NORDHOFF	20.29
14	Tanner Wade	9	MORRO BAY	20.61
15	Oliver Anthony	9	FOOTHILL TECH	20.71

#12 Boys' 110m Hurdles Varsity RC Record: 14.68

1	Allen Alexander	12	OAKWOOD	15.69
2	Luc Lewis	11	SANTA YNEZ	16.25
3	Jace Watkins	11	HERITAGE CHRISTIAN	16.57
4	Connor Bursek	12	FOOTHILL TECH	16.63

5	Stefan Hubner	12	FOOTHILL TECH	16.96
6	Ethan Negrete	11	NIPOMO	17.40
7	Dash Dandurand	12	DESERT CHRIST ...	17.51
8	Asher Bayless	11	FOOTHILL TECH	17.74
9	Liam Burton	12	MORRO BAY	17.76
10	Rodrigo Mendez	12	SANTA PAULA	18.51
11	Mason Flowers	12	LEGACY CHRIST...	18.57
12	Roman Bernal	11	HERITAGE CHRISTIAN	19.03
13	Benjamin Biedebach	12	LEGACY CHRIST...	19.31

#13 Girls' 400 Meters Frosh/Soph RC Record: 59.19

1	Presley Medlin	9	PARACLETE	1:02.44
2	Elsabet Schlobohm	10	PROVIDENCE ...	1:03.14
3	Eleni Karamouzie	9	OAKS CHRISTIAN	1:03.20
4	Sloan Harwell	9	CATE	1:03.58
5	Mila Wolfe	10	CABRILLO	1:03.93
6	Kaydance Gardner	10	CARPINTERIA	1:04.27
7	Jasmine Gonzalez	10	FILLMORE	1:04.92
8	Karina Munoz	10	PARACLETE	1:05.32
9	Ariel Feiman	10	BRENTWOOD	1:05.33
10	Dianne Whittaker	10	NIPOMO	1:05.51
11	Elisabella Suarez	10	HERITAGE CHRISTIAN	1:05.94
12	Lucia Buckley	10	VIEWPOINT	1:06.35
13	Ariana Jordan	10	SANTA PAULA	1:06.60
14	Jennifer Contreras	10	ST. GENEVIEVE	1:06.87
15	Emma Fematt	9	PARACLETE	1:07.17
16	MiaBella Medina	9	YOSEMITE	1:07.99
17	Jaiden Peacock	10	FILLMORE	1:08.07
18	Sunny Stoneman	9	MORRO BAY	1:08.74
19	Presley Schmitz	10	SANTA YNEZ	1:08.83
20	Rayana Zavala	10	EDGEWOOD	1:09.32
21	Lena Onyeneke	9	NIPOMO	1:09.37
22	Naomi Lee	10	LEGACY CHRIST...	1:10.66
23	Zoey Slome	9	VIEWPOINT	1:10.66
24	Jordan De Baets	10	VIEWPOINT	1:10.71
25	Leela Wallace	10	OAKWOOD	1:10.92
26	Wren Zimmerman	9	NORDHOFF	1:11.04
27	Clarisse Beaumont	10	YOSEMITE	1:11.38
28	Kiara Ramirez	9	SANTA PAULA	1:11.89

#14 Boys' 400 Meters Frosh/Soph RC Record: 50.55

1	Chase Evans	9	OAKS CHRISTIAN	51.43
2	Brooks Bennett	10	OAKS CHRISTIAN	52.47
3	Ethan George	10	NIPOMO	52.92
4	Jackson Steele	10	CATE	52.97
5	Nathan Hernandez	9	FILLMORE	53.52
6	Robert Jenkins	9	YOSEMITE	53.70
7	Patrick Gouws	10	OAKS CHRISTIAN	54.12
8	Khase Williams	10	CABRILLO	54.14
9	Delvin Young	10	SIERRA CANYON	54.73
10	Connor Boyd	10	BISHOP DIEGO	55.09
11	Sage Olivas	9	MORRO BAY	55.20
12	Dylan Wynns	10	MORRO BAY	55.41
13	Giovonnie Gude	9	SANTA CLARA	55.73
14	Nick Rios	10	EDGEWOOD	55.75
15	Levi Dunlap	9	YOSEMITE	55.97
16	Diego Cohoe	10	CRESPI	56.03

17	David Ruiz	10	NIPOMO	56.57
18	Jax Dandurand	9	DESERT CHRIST ...	56.67
19	Orlando Vigil Tello	9	FILLMORE	56.68
20	Ezekiel Sheets	9	NORDHOFF	56.79
21	Malcolm Gray	9	CATE	56.86
22	Marcus Daley	9	CRESPI	57.43
23	Cooper Church	10	CABRILLO	57.91
24	Donald Iwuagwu	10	PARACLETE	58.12
25	Troy Simonson	10	NIPOMO	58.21
26	Addis Rohwedder	9	SIERRA CANYON	58.29
27	Benjamin Rupnow	9	PROVIDENCE ...	58.60
28	Joseph Chavarria	10	VILLANOVA PREP	58.84
29	Sam Carpenter	9	SIERRA CANYON	58.91
30	Garrett Hayes	10	YOSEMITE	58.92
31	Henry Lindsey	10	MORRO BAY	58.95

#15 Girls' 400 Meters Varsity RC Record: 55.67

1	Wendy Wilson	10	MORRO BAY	1:00.37
2	Leah Barragan	11	FILLMORE	1:02.56
3	Julia Petri	11	OAKS CHRISTIAN	1:02.89
4	Maya Chavarria	12	VILLANOVA PREP	1:04.01
5	Giarys Gomez	11	CARPINTERIA	1:04.08
6	Jolie Denny	11	WINDWARD	1:04.32
7	Gwen McTigue	11	CATE	1:04.95
8	Sophia Keller	11	OAKWOOD	1:05.43
9	Alexandra Reiersen	12	OAKS CHRISTIAN	1:06.39
10	Rylee Larson	11	VASQUEZ	1:06.95
11	Jessica Martinez	11	SANTA PAULA	1:06.99
12	Danielle Smith	11	EDGEWOOD	1:07.01
13	Hannah Ricci	10	SANTA YNEZ	1:07.62
14	Syena Campuzano	12	HERITAGE CHRISTIAN	1:08.63
15	Emily Soltero	11	FILLMORE	1:09.17
16	Sophie Flanagan	11	YOSEMITE	1:09.33
17	Thalia Jimenez	10	PARACLETE	1:09.46

#16 Boys' 400 Meters Varsity RC Record: 48.99

1	Kenneth Enney	12	SLO CLASSI...	49.55
2	Chase Hansen	12	OAKS CHRISTIAN	50.22
3	Eric He	12	VIEWPOINT	50.41
4	Anders Dietenhofer	10	SANTA YNEZ	50.80
5	Michael Kashfian	12	BRENTWOOD	51.89
6	Jackson Hancock	11	THACHER	52.25
7	Joaquin Fontan	11	NORDHOFF	52.42
8	Darren Haggerty	10	VIEWPOINT	52.62
9	Thomas Claypool	11	CATE	52.87
10	Carlos Valencia	11	SANTA PAULA	53.30
11	Noah Ramirez	11	EDGEWOOD	53.69
12	Brandon Alexander	12	OAKWOOD	53.69
13	Izayah Mata	12	SANTA PAULA	53.89
14	Sebastian Torres	12	FILLMORE	54.37
15	Santos Orozco	11	SANTA YNEZ	54.66
16	Dexter Parks	11	MORRO BAY	55.35
17	Isaac Topete	11	OAKS CHRISTIAN	55.51
18	Jaxsen Stokes	10	SIERRA CANYON	55.59
19	Cayden Winterstein	12	FOOTHILL TECH	55.69
20	Keylan Howard	12	CABRILLO	56.12
21	Michael Boyce	12	CRESPI	56.21

#17 Girls' 100 Meters Frosh/Soph RC Record: 12.35

1	Caitlyn Norena	9	OAKS CHRISTIAN	12.91
2	Amira Thomas	9	DESERT CHRIST ...	12.94
3	Bella Solaka	10	OAKS CHRISTIAN	13.07
4	Mia Munoz	10	FILLMORE	13.07
5	Jadyn Kahill	10	ST. GENEVIEVE	13.19
6	Megan Jones	9	NIPOMO	13.27
7	Sloan Harwell	9	CATE	13.34
8	Logan Byrne	10	PARACLETE	13.39
9	Aiyana Riley	10	VILLANOVA PREP	13.44
10	Ariana Kong	9	MORRO BAY	13.57
11	Scarlett Sandoval	9	NIPOMO	13.76
12	Yilian Gonzalez	9	NORDHOFF	13.81
13	Siena St George	10	SANTA YNEZ	13.81
14	Ellie Horton	10	NIPOMO	13.84
15	Gemma Chababi	9	OAKS CHRISTIAN	13.86
16	Mikayla Smith	10	VIEWPOINT	13.87
17	Syriah Nalls	9	VIEWPOINT	13.87
18	Isla Moore	10	CARPINTERIA	13.90
19	Sunny Stoneman	9	MORRO BAY	13.92
20	Brooklyn Anderson	9	BRENTWOOD	13.95
21	Raeley Schafer	10	PARACLETE	13.96
22	Brynn Miller	10	YOSEMITE	14.01
23	Mia Gaona	10	THACHER	14.03
24	Alinah Rodriguez	10	FOOTHILL TECH	14.14
25	Wyzdom Moore	9	ST. BONAVENTURE	14.14
26	Jadah Chin	9	ST. GENEVIEVE	14.15
27	Ariana Jordan	10	SANTA PAULA	14.16
28	Andrea Gamez	10	FILLMORE	14.17
29	Sarah Cedillos	10	FILLMORE	14.18
30	Presley Medlin	9	PARACLETE	14.26
31	Aariyah Hill	9	SIERRA CANYON	14.26
32	Evan Walters	9	CATE	14.27
33	Mia Zimmerman	10	BISHOP DIEGO	14.32
34	Yianna Zaky-Papantoniou	9	SIERRA CANYON	14.34
35	Cylia Parker	11	BRENTWOOD	14.38
36	Rayana Zavala	10	EDGEWOOD	14.43
37	Jaslene Perez	10	SANTA YNEZ	14.43
38	Maerah DAgostino	9	FOOTHILL TECH	14.46

#18 Boys' 100 Meters Frosh/Soph RC Record: 11.11

1	Saul Fraga-Sandoval	10	FILLMORE	11.21
2	Darrien Johnson	9	ST. BONAVENTURE	11.28
3	Tate Benjamin	10	CRESPI	11.52
4	Chase Evans	9	OAKS CHRISTIAN	11.56
5	Diago Anderson	10	CRESPI	11.59
6	Otto Gasowski	10	OAKS CHRISTIAN	11.63
7	Delvin Young	10	SIERRA CANYON	11.67
8	Jeffrey Patino	10	PARACLETE	11.67
9	Jacob Landless	9	SIERRA CANYON	11.79
10	Arturo Rodriguez	9	ST. GENEVIEVE	11.82
11	Jaivyn Nelson	10	PARACLETE	11.84
12	Amir Mortin	9	SIERRA CANYON	11.84
13	Jaxon Carper	9	ST. BONAVENTURE	11.95
14	Rodney Jones	10	OAKWOOD	11.97
15	Pablo Pulido	9	SANTA YNEZ	11.97

16	Andrew Longomba	9	OAKS CHRISTIAN	11.98
17	Adrian Sanchez	9	NIPOMO	11.99
18	Owen Gutierrez	11	BRENTWOOD	12.00
19	Brandan Marshall	10	HERITAGE CHRISTIAN	12.06
20	Val Ward	9	VIEWPOINT	12.08
21	Alejandro Garduno-Herrera	10	SANTA PAULA	12.10
22	Joshua Felix	10	FILLMORE	12.13
23	Joel Malinowski	10	NIPOMO	12.13
24	Maxmillian Ong	9	DESERT CHRIST ...	12.14
25	Manuel Guerrero	9	SANTA YNEZ	12.21
26	Caleb Ding	10	VIEWPOINT	12.27
27	Cael DeForest	10	SANTA YNEZ	12.28
28	Dylan Wynns	10	MORRO BAY	12.30
29	Anthony Munoz	10	ST. BONAVENTURE	12.30
30	Jackson Eubanks	9	VILLANOVA PREP	12.32
31	Zander Franzwa-Moody	9	VIEWPOINT	12.34
32	Hayden Johnson	9	VASQUEZ	12.36
33	Kash Koehler	10	CABRILLO	12.38
34	Dylan Hitchcock	9	MORRO BAY	12.38
35	Brad Randolph	10	NIPOMO	12.49
36	Draco Centurion	9	FILLMORE	12.49
37	Oliver Lopez	10	NORDHOFF	12.50

#19 Girls' 100 Meters Varsity RC Record: 12.29

1	Kimberly Magana	10	FILLMORE	12.35
2	Kennedi Redd	12	PARACLETE	12.43
3	Azaria Okafor	10	VIEWPOINT	12.68
4	Ashlyn Rifley	12	ST. BONAVENTURE	12.78
5	Chiara Baker	10	OAKS CHRISTIAN	12.85
6	Anna O'Neil	10	ST. BONAVENTURE	12.89
7	Lauren Kaller	12	FOOTHILL TECH	12.95
8	Presley Pinoli	10	SANTA YNEZ	12.98
9	Bethany Hottya	10	PARACLETE	13.03
10	Lilah Green	12	MORRO BAY	13.09
11	Vivian Huskins	11	CARPINTERIA	13.12
12	Karinna Magana	11	FILLMORE	13.12
13	Mia Torres	12	SIERRA CANYON	13.16
14	Janessa Corona	11	FILLMORE	13.18
15	Brooke Marsden	12	NIPOMO	13.23
16	Ashley Mascolo	9	WINDWARD	13.28
17	Lyla Huff	10	FOOTHILL TECH	13.31
18	Amel Cook	9	WINDWARD	13.32
19	Syena Campuzano	12	HERITAGE CHRISTIAN	13.35
20	Haley Townes	9	SANTA YNEZ	13.36
21	Julia Petri	11	OAKS CHRISTIAN	13.38
22	Juliana Kong	11	MORRO BAY	13.42
23	Brady Smith	11	CABRILLO	13.44
24	Ella Gotschall	10	SANTA YNEZ	13.45
25	Nayeli Martinez	12	SANTA CLARA	13.63
26	Aliyah Jackson	12	SANTA PAULA	13.64
27	Morgan Williams	11	BRENTWOOD	13.66
28	Sophia Vasquez	12	OAKS CHRISTIAN	13.68
29	Jessica Martinez	11	SANTA PAULA	13.71
30	Amy Martinez Toledo	10	FOOTHILL TECH	13.71
31	Sophia Gaona	11	SANTA PAULA	13.74
32	Ambrielle Harris	11	VIEWPOINT	13.78

33	Isabella Clutts	11	ST. BONAVENTURE	13.81
34	Reanna Diaz	11	NIPOMO	13.83
35	Violet Benefield	11	LEGACY CHRIST...	13.84
36	Maddie Aldana	11	BRENTWOOD	13.91
37	Myshele Baggs	12	YOSEMITE	13.93
38	Jocelyn Sarraf	12	EDGEWOOD	14.09

#20 Boys' 100 Meters Varsity RC Record: 10.72

1	Deshonne Redeaux	11	OAKS CHRISTIAN	10.78
2	Jaxsen Stokes	10	SIERRA CANYON	10.83
3	Jaylin Wilson	12	PARACLETE	11.03
4	Sands Alvarez	12	ST. GENEVIEVE	11.06
5	Makaio Thompson	12	SANTA CLARA	11.07
6	Xavier Galvez	11	EDGEWOOD	11.10
7	Raphael Graham	10	HERITAGE CHRISTIAN	11.12
8	Noel Washington	9	SIERRA CANYON	11.18
9	Brady Eng	12	WINDWARD	11.28
10	Kenyon Ebole-Gordon	11	VIEWPOINT	11.30
11	Kayman Jackson	11	BRENTWOOD	11.32
12	Ikenna Ofiaeli	12	SANTA YNEZ	11.32
13	Michael Warr	11	PARACLETE	11.34
14	Koen Glover	12	ST. BONAVENTURE	11.42
15	Will Eddy	11	NORDHOFF	11.49
16	Ethan LaSecla	12	GRACE BRETHERN	11.52
17	Lucas Gatsiounis	10	HERITAGE CHRISTIAN	11.55
18	Oliver Rodgers	12	MORRO BAY	11.55
19	Jacob Goldsbary	11	NIPOMO	11.57
20	Jack Dowhower	12	SANTA YNEZ	11.60
21	Sebastian Cripe	12	SANTA PAULA	11.60
22	Jacob Montes	11	ST. BONAVENTURE	11.65
23	Arman Jennings	12	LEGACY CHRIST...	11.75
24	Graham Woolley	11	BRENTWOOD	11.75
25	Derious Footman	11	ST. BONAVENTURE	11.81
26	Oliver Bettinelli	11	BRENTWOOD	11.82
27	Ryder McClurg	12	SANTA YNEZ	11.84
28	Jaden Ayala	11	CRESPI	11.86
29	Roman Strakaluse	11	OAKS CHRISTIAN	11.90
30	Alexander Lawson	12	FOOTHILL TECH	11.92
31	Aeden Pico	12	EDGEWOOD	11.94
32	Ismael Retiguin	12	BISHOP DIEGO	11.94
33	Michael Gladden	11	OAKS CHRISTIAN	11.99
34	Mason Flowers	12	LEGACY CHRIST...	12.00

#21 Girls' 800 Meters Frosh/Soph RC Record: 2:21.70

1	Madelyn Galle	10	OAKS CHRISTIAN	2:29.47
2	Adaleyah Jackson	10	CABRILLO	2:37.54
3	Ivy Rios	9	VASQUEZ	2:39.43
4	Freya Herd	10	OAKS CHRISTIAN	2:39.56
5	Aggie McTigue	9	CATE	2:40.63
6	Elly Puls	9	OAKS CHRISTIAN	2:41.15
7	Evelyn Whatley	9	FOOTHILL TECH	2:44.30
8	Skylar Jennings	9	BRENTWOOD	2:44.71
9	Ava Dandurand	9	DESERT CHRIST ...	2:48.01

10	Riley Weal	9	ST. BONAVENTURE	2:48.36
11	Sophia Castro	9	FOOTHILL TECH	2:49.54
12	Aseret Chavez	10	EDGEWOOD	2:51.10
13	Elena Garcia	10	FILLMORE	2:52.04
14	Haley Simon	10	BRENTWOOD	2:52.68
15	Kiana Ponce	10	FOOTHILL TECH	2:52.78
16	Eden Harker	9	BRENTWOOD	2:55.36

#22 Boys' 800 Meters Frosh/Soph RC Record: 2:00.14

1	Arizechukwu Nwosu	10	OAKS CHRISTIAN	2:00.42
2	Christian Markey IV	10	BRENTWOOD	2:03.13
3	Oliver DeLaVega	9	NIPOMO	2:06.99
4	Ati Zwieback	10	CATE	2:10.13
5	Ryan Edwards	10	NIPOMO	2:10.42
6	Jackson Steele	10	CATE	2:10.67
7	Nathaniel Franco	9	PARACLETE	2:12.90
8	Austin Helton	10	VASQUEZ	2:12.99
9	Jax Dandurand	9	DESERT CHRIST ...	2:13.46
10	Asher Rodman	10	FOOTHILL TECH	2:13.71
11	Beau Anderson	9	FOOTHILL TECH	2:13.76
12	Mitchell Majors	9	VIEWPOINT	2:13.88
13	Henry Tagliere	10	CAMPBELL HALL	2:14.36
14	Peter Rodriguez	12	ST. BONAVENTURE	2:14.99
15	Cameron D'Aunoy	10	MORRO BAY	2:16.32
16	Alexis Magana	10	SANTA PAULA	2:16.69
17	James Selby	10	TRINITY CLASSICAL ACAD...	2:16.69
18	Jaryt Chen	10	OAKS CHRISTIAN	2:17.23
19	River Lisenby	10	OAKS CHRISTIAN	2:17.87
20	Nahum Santa Rosa	10	SANTA PAULA	2:18.44
21	Bret Winters	10	NORDHOFF	2:18.74
22	Cyrus Morse	9	SANTA YNEZ	2:19.62
23	Ben Heggem	10	VASQUEZ	2:19.71
24	Diego Carranza	9	BRENTWOOD	2:19.88
25	Diego Solano	9	HERITAGE CHRISTIAN	2:19.92
26	Mateo Sotelo	9	SANTA YNEZ	2:21.81
27	Hans Tagaro	9	PARACLETE	2:21.93
28	Oliver Zaitz	9	MORRO BAY	2:21.98
29	Dimitri Nicolaou	9	SANTA YNEZ	2:22.14
30	Jaiden Ambriz	10	CARPINTERIA	2:22.26
31	Jake Singer	10	CAMPBELL HALL	2:22.45
32	Cole Stueve	9	VASQUEZ	2:22.46

#23 Girls' 800 Meters Varsity RC Record: 2:14.54

1	Delaney Napierala	11	OAKS CHRISTIAN	2:16.89
2	Tessa McCormack	10	VIEWPOINT	2:25.02
3	Viviana Delgado	11	PARACLETE	2:27.69
4	Crystal Ramirez	12	NORDHOFF	2:28.06
5	Maya Chavarria	12	VILLANOVA PREP	2:28.11
6	Allie Smith	11	OAKS CHRISTIAN	2:30.41
7	Alexandra Reiersen	12	OAKS CHRISTIAN	2:32.61
8	Miahna Galvan	12	SANTA PAULA	2:33.30
9	Diana Santa Rosa	12	FILLMORE	2:34.35
10	Yajayra Ardon	12	PARACLETE	2:35.29
11	Sophia Keller	11	OAKWOOD	2:35.46
12	Kiana Kiah	11	CARPINTERIA	2:35.74

13	Keera Wallace	11	FOOTHILL TECH	2:38.54
14	Mia Pulido	9	SANTA YNEZ	2:38.84
15	Jessica Orozco	12	FILLMORE	2:39.81
16	Lily Hendricks	11	YOSEMITE	2:41.42
17	Calista Patterson	10	FOOTHILL TECH	2:41.57
18	Cecilia Petacci	12	MORRO BAY	2:41.64
19	Julia Alkov	12	FOOTHILL TECH	2:43.22
20	Darlin Diaz-Velazquez	12	OMI...	2:45.27
21	Penelope King	12	ST. BONAVENTURE	2:46.44

#24 Boys' 800 Meters Varsity RC Record: 1:51.40

1	Christian Yoder	12	OAKS CHRISTIAN	1:58.68
2	Joshua Mitchell	12	OAKS CHRISTIAN	1:59.05
3	Cooper McNee	12	OAKS CHRISTIAN	1:59.05
4	Omar Heredia	12	FILLMORE	2:00.93
5	Baker Carlisle	11	FOOTHILL TECH	2:02.34
6	Watson Eagles	10	CAMPBELL HALL	2:02.45
7	Noah Oduwale	11	VIEWPOINT	2:02.88
8	Josue Salinas	12	SANTA YNEZ	2:03.16
9	Asher Field	9	FOOTHILL TECH	2:03.24
10	Marcus Napoli	10	NIPOMO	2:03.26
11	Alexander Saade	11	HERITAGE CHRISTIAN	2:03.50
12	Andrew Neville	11	VIEWPOINT	2:03.57
13	Nathaniel Roettger	11	TRINITY CLASSICAL	2:04.00
14	Lucas Kim	11	BRENTWOOD	2:04.14
15	Olly O'Connor	11	VIEWPOINT	2:04.32
16	Noah Ramirez	11	EDGEWOOD	2:04.45
17	Fernando Romero-Angeles	11	NIPOMO	2:05.07
18	Joel Diaz	11	LOMPOC	2:05.93
19	Regan Holland	11	NIPOMO	2:06.91
20	James Infante	10	CAMPBELL HALL	2:07.47
21	Sebastian Torres	12	FILLMORE	2:08.08
22	Ben Olney	12	YOSEMITE	2:08.53
23	Devin Miller	11	PARACLETE	2:09.10
24	Alexander Garcia	11	NORDHOFF	2:11.08
25	Isaac Munoz	11	PARACLETE	2:11.17
26	Ethan Wenokur	10	BRENTWOOD	2:12.08
27	Cooper Haas	11	BRENTWOOD	2:13.76
28	Skyler Matthews	11	FOOTHILL TECH	2:13.81
29	Alonzo Wickers	12	OAKWOOD	2:14.40
30	Joel De Lira	12	CARPINTERIA	2:14.50
31	Matteo Garcia	12	EDGEWOOD	2:14.85
32	Nathan Lovato	12	NORDHOFF	2:14.90
33	Jordan Ryan	11	CATE	2:14.91
34	Dominic Holst	11	MORRO BAY	2:15.47

#25 Girls' 300m Hurdles Frosh/Soph RC Record: 44.59

1	Chiara Baker	10	OAKS CHRISTIAN	49.16
2	Izzy Scott	10	CARPINTERIA	50.57
3	Elsabet Schlobohm	10	PROVIDENCE ...	51.26
4	Isabella Hogle	10	DESERT CHRIST ...	51.26
5	Ashlyn Stegner	10	DESERT CHRIST ...	52.75
6	Matilda Labrucherie	10	POLY (PASADENA)	53.08
7	Freya Herd	10	OAKS CHRISTIAN	53.67
8	Adeline Fouch	10	YOSEMITE	55.60

9	Gracie Goddard	10	MORRO BAY	56.60
10	Clarisse Beaumont	10	YOSEMITE	59.25

#26 Girls' 300m Hurdles Varsity RC Record: 45.45

1	Catherine McFarlane	11	POLY (PASADENA)	50.58
2	Jasmine Chao	12	PARACLETE	50.79
3	Yaneli Landin	11	FILLMORE	51.77
4	Nayeli Martinez	12	SANTA CLARA	53.39
5	Kendall Conte	12	VIEWPOINT	55.29
6	Jessica Davison	12	SANTA PAULA	55.37
7	Violet Benefield	11	LEGACY CHRIST...	56.48

#27 Boys' 300m Hurdles Frosh/Soph RC Record: 41.36

1	Kruz Jackson	9	BRENTWOOD	43.98
2	Thomas Eckert	10	NORDHOFF	43.98
3	Chase Camacho	10	NIPOMO	44.18
4	Rex Ortiz	9	SANTA YNEZ	44.80
5	Preston Mosley	10	OAKS CHRISTIAN	44.99
6	James Lee	10	MORRO BAY	46.05
7	Kingsley Ossuetta	9	BRENTWOOD	46.92
8	Merrick Smith	10	MORRO BAY	47.77
9	Lukas Molls	10	CRESPI	47.92
10	Ryker Blake	10	NORDHOFF	48.78
11	Jax Dandurand	9	DESERT CHRIST ...	48.78
12	Josiah Urrutia	10	SANTA PAULA	49.08
13	Ezekiel Sheets	9	NORDHOFF	49.82
14	Gerardo Figueroa	10	EDGEWOOD	50.71
15	Oliver Anthony	9	FOOTHILL TECH	50.80
16	Isaac Sanchez	9	CARPINTERIA	50.94
17	Ryan Mynatt	10	FILLMORE	51.57

#28 Boys' 300m Hurdles Varsity RC Record: 38.74

1	Allen Alexander	12	OAKWOOD	41.40
2	Connor Bursek	12	FOOTHILL TECH	42.04
3	Luc Lewis	11	SANTA YNEZ	42.05
4	Jace Watkins	11	HERITAGE CHRISTIAN	44.18
5	Stefan Hubner	12	FOOTHILL TECH	44.77
6	Nathan Carrillo	12	CARPINTERIA	45.85
7	Benjamin Biedebach	12	LEGACY CHRIST...	45.99
8	Carlos Valencia	11	SANTA PAULA	46.00
9	Isaiah Meza	11	FILLMORE	46.52
10	Dash Dandurand	12	DESERT CHRIST ...	47.48
11	Roman Bernal	11	HERITAGE CHRISTIAN	47.76

#29 Girls' 200 Meters Frosh/Soph RC Record: 25.04

1	Caitlyn Norena	9	OAKS CHRISTIAN	26.32
2	Sloan Harwell	9	CATE	26.67
3	Bella Solaka	10	OAKS CHRISTIAN	26.67
4	Jadyn Kahill	10	ST. GENEVIEVE	26.97
5	Karina Munoz	10	PARACLETE	27.21
6	Amira Thomas	9	DESERT CHRIST ...	27.47
7	Aiyana Riley	10	VILLANOVA PREP	27.64
8	Ashley Mascolo	9	WINDWARD	28.01
9	Mia Munoz	10	FILLMORE	28.03
10	Gemma Chababi	9	OAKS CHRISTIAN	28.45
11	Dianne Whittaker	10	NIPOMO	28.56

12	Raeley Schafer	10	PARACLETE	28.71
13	Logan Byrne	10	PARACLETE	28.71
14	Lucia Buckley	10	VIEWPOINT	28.78
15	Yilian Gonzalez	9	NORDHOFF	28.80
16	Mikayla Smith	10	VIEWPOINT	28.85
17	Ellie Horton	10	NIPOMO	28.86
18	Syriah Nalls	9	VIEWPOINT	29.17
19	Jaiden Peacock	10	FILLMORE	29.21
20	Alinah Rodriguez	10	FOOTHILL TECH	29.22
21	Ariana Kong	9	MORRO BAY	29.27
22	Isla Moore	10	CARPINTERIA	29.28
23	Cylia Parker	11	BRENTWOOD	29.30
24	Mia Gaona	10	THACHER	29.31
25	Jennifer Contreras	10	ST. GENEVIEVE	29.36
26	Evan Walters	9	CATE	29.40
27	Wyzdom Moore	9	ST. BONAVENTURE	29.41
28	Elisabella Suarez	10	HERITAGE CHRISTIAN	29.44
29	Jasmine Gonzalez	10	FILLMORE	29.46
30	Jadah Chin	9	ST. GENEVIEVE	29.54
31	Siena St George	10	SANTA YNEZ	29.61
32	Abigail Billingsley	10	DESERT CHRIST ...	29.61
33	Mila Wolfe	10	CABRILLO	29.70
34	Scarlett Sandoval	9	NIPOMO	29.73
35	Aariyah Hill	9	SIERRA CANYON	30.04
36	Presley Schmitz	10	SANTA YNEZ	30.06
37	Ava Ramirez	10	SANTA PAULA	30.09
38	London Reden	9	YOSEMITE	30.10
39	Yianna Zaky-Papantoniou	9		
	SIERRA CANYON	30.34		
40	Madison Williams	11	BRENTWOOD	30.34
41	Jaslene Perez	10	SANTA YNEZ	30.35
42	Rayana Zavala	10	EDGEWOOD	30.39

#30 Boys' 200 Meters Frosh/Soph RC Record: 22.55

1	Arturo Rodriguez	9	ST. GENEVIEVE	22.68
2	Chase Evans	9	OAKS CHRISTIAN	22.97
3	Brooks Bennett	10	OAKS CHRISTIAN	23.01
4	Jeffrey Patino	10	PARACLETE	23.29
5	Ethan George	10	NIPOMO	23.80
6	Connor Boyd	10	BISHOP DIEGO	23.82
7	Otto Gasowski	10	OAKS CHRISTIAN	23.83
8	Tate Benjamin	10	CRESPI	23.83
9	Delvin Young	10	SIERRA CANYON	23.97
10	Robert Jenkins	9	YOSEMITE	23.99
11	Oliver Bettinelli	11	BRENTWOOD	24.09
12	Nathan Hernandez	9	FILLMORE	24.15
13	Darrien Johnson	9	ST. BONAVENTURE	24.16
14	Amir Mortin	9	SIERRA CANYON	24.49
15	Donald Iwuagwu	10	PARACLETE	24.53
16	Miles Thompson	10	CATE	24.59
17	Pablo Pulido	9	SANTA YNEZ	24.75
18	Jaivyn Nelson	10	PARACLETE	24.76
19	Kash Koehler	10	CABRILLO	24.78
20	Sage Olivas	9	MORRO BAY	24.86
21	Jackson Eubanks	9	VILLANOVA PREP	24.86
22	Adrian Sanchez	9	NIPOMO	24.87
23	Rodney Jones	10	OAKWOOD	24.89
24	Malcolm Gray	9	CATE	24.95

25	Isaiah Giese	9	NORDHOFF	24.96
26	Sam Amuti	10	SIERRA CANYON	25.00
27	David Ruiz	10	NIPOMO	25.03
28	Val Ward	9	VIEWPOINT	25.08
29	Alejandro Garduno-Herrera	10	SANTA PAULA	25.23
30	Cael DeForest	10	SANTA YNEZ	25.23
31	Garrett Hayes	10	YOSEMITE	25.32
32	Orlando Vigil Tello	9	FILLMORE	25.35
33	Enzo Longhi	10	BRENTWOOD	25.40
34	Khase Williams	10	CABRILLO	25.48
35	Xavier Alcantar	10	SANTA PAULA	25.49
36	Oliver Lopez	10	NORDHOFF	25.50
37	Maxmillian Ong	9	DESERT CHRIST ...	25.53
38	Joseph Chavarria	10	VILLANOVA PREP	25.56
39	Dylan Hitchcock	9	MORRO BAY	25.56
40	Zander Franzwa-Moody	9	VIEWPOINT	25.61
41	Hayden Johnson	9	VASQUEZ	25.62
42	Caleb Ding	10	VIEWPOINT	25.63
43	Manuel Guerrero	9	SANTA YNEZ	25.78
44	Robert Holohan	10	BRENTWOOD	25.80
45	Ryan Wood	9	YOSEMITE	25.92
46	Nick Rios	10	EDGEWOOD	25.92
47	Xzayver Rivera	9	SANTA PAULA	25.95
48	Draco Centurion	9	FILLMORE	25.96
49	Josh Wooff	10	NORDHOFF	25.97

#31 Girls' 200 Meters Varsity RC Record: 25.25

1	Kennedi Redd	12	PARACLETE	25.66
2	Azaria Okafor	10	VIEWPOINT	26.17
3	Ashlyn Rifley	12	ST. BONAVENTURE	26.38
4	Lauren Kaller	12	FOOTHILL TECH	26.42
5	Presley Pinoli	10	SANTA YNEZ	26.81
6	Amel Cook	9	WINDWARD	26.90
7	Anna O'Neil	10	ST. BONAVENTURE	26.97
8	Vivian Huskins	11	CARPINTERIA	27.21
9	Lyla Huff	10	FOOTHILL TECH	27.22
10	Julia Petri	11	OAKS CHRISTIAN	27.34
11	Mia Torres	12	SIERRA CANYON	27.40
12	Karinna Magana	11	FILLMORE	27.46
13	Leah Barragan	11	FILLMORE	27.46
14	Jolie Denny	11	WINDWARD	27.52
15	Lilah Green	12	MORRO BAY	27.53
16	Thalia Jimenez	10	PARACLETE	27.66
17	Brady Smith	11	CABRILLO	28.05
18	Harloe Swanson	11	SANTA YNEZ	28.17
19	Bethany Hottya	10	PARACLETE	28.34
20	Sophia Vasquez	12	OAKS CHRISTIAN	28.39
21	Janessa Corona	11	FILLMORE	28.46
22	Nayeli Martinez	12	SANTA CLARA	28.65
23	Amy Martinez Toledo	10	FOOTHILL TECH	28.67
24	Aliyah Jackson	12	SANTA PAULA	28.83
25	Danielle Smith	11	EDGEWOOD	28.84
26	Sophia Keller	11	OAKWOOD	28.88
27	Emerson Evans	11	CATE	29.04
28	Juliana Kong	11	MORRO BAY	29.12

#32 Boys' 200 Meters Varsity RC Record: 21.76

1	Andrew Driver	12	ST. BONAVENTURE	21.98
2	Kenneth Enney	12	SLO CLASSI...	22.01
3	Eric He	12	VIEWPOINT	22.06
4	Jaylin Wilson	12	PARACLETE	22.18
5	Sands Alvarez	12	ST. GENEVIEVE	22.52
6	Makaio Thompson	12	SANTA CLARA	22.63
7	Brady Eng	12	WINDWARD	22.94
8	Jaxsen Stokes	10	SIERRA CANYON	22.99
9	Raphael Graham	10	HERITAGE CHRISTIAN	23.02
10	Kayman Jackson	11	BRENTWOOD	23.22
11	Andrew Estrada	10	ST. BONAVENTURE	23.28
12	Kenyon Ebole-Gordon	11	VIEWPOINT	23.33
13	Jacob Goldsbary	11	NIPOMO	23.37
14	Noel Washington	9	SIERRA CANYON	23.41
15	Michael Kashfian	12	BRENTWOOD	23.45
16	Oliver Rodgers	12	MORRO BAY	23.55
17	Jacob Montes	11	ST. BONAVENTURE	23.59
18	Jack Dowhower	12	SANTA YNEZ	23.62
19	Ethan LaSecla	12	GRACE BRETHREN	23.68
20	Joaquin Fontan	11	NORDHOFF	23.78
21	Lucas Gatsiounis	10	HERITAGE CHRISTIAN	23.82
22	Michael Warr	11	PARACLETE	23.85
23	Graham Bruner	10	SANTA YNEZ	23.97
24	Roman Strakaluse	11	OAKS CHRISTIAN	24.02
25	Isaac Topete	11	OAKS CHRISTIAN	24.03
26	Luis Velazquez	12	SANTA YNEZ	24.19
27	Chase Hansen	12	OAKS CHRISTIAN	24.23
28	Jaden Ayala	11	CRESPI	24.23
29	Alexander Lawson	12	FOOTHILL TECH	24.52
30	Colton Janovec	12	MORRO BAY	24.59
31	Isaiah Valencia	11	NORDHOFF	24.61
32	Thomas Claypool	11	CATE	24.71
33	Adrian Anastasia	11	SLO CLASSI...	24.72
34	Osezuwa Ainabe	11	VIEWPOINT	24.80
35	Xavier Galvez	11	EDGEWOOD	24.87
36	Aeden Pico	12	EDGEWOOD	24.90
37	David Esquivel	11	CARPINTERIA	24.90
38	John Myers	12	MORRO BAY	24.98
39	Michael Boyce	12	CRESPI	24.98
40	Javier Gonzalez	12	FILLMORE	24.99

#33 Girls' 3200 Meters Frosh/Soph RC Record: 10:59.22

1	Madelyn Galle	10	OAKS CHRISTIAN	11:41.24
2	Adaleyah Jackson	10	CABRILLO	11:59.18
3	Leah Williams	9	DESERT CHRIST ...	12:07.61
4	Jaqueline Guadian	10	CARPINTERIA	12:36.39
5	Mila Martins	9	CARPINTERIA	13:15.95
6	Elly Puls	9	OAKS CHRISTIAN	13:39.82
7	Carissa King	10	HERITAGE CHRISTIAN	13:52.15
8	Tifany Coracero	10	SANTA YNEZ	13:52.42
9	Gracelyn Miller	9	SANTA YNEZ	13:58.81
10	Jade Brun	9	VIEWPOINT	14:30.68
11	Isabella Garcia	10	SANTA YNEZ	14:34.41
12	Halle Curtis	9	CABRILLO	14:43.25

#34 Boys' 3200 Meters Frosh/Soph RC Record: 9:33.50

1	Arizechukwu Nwosu	10	OAKS CHRISTIAN	9:54.24
2	Andrew Stilwell	9	NIPOMO	10:25.06
3	Quentin Harris	9	FOOTHILL TECH	10:33.11
4	Josiah Schroeder	10	DESERT CHRIST ...	10:34.66
5	Yannick Colin	9	FOOTHILL TECH	10:40.17
6	Max Soto	10	CARPINTERIA	10:47.06
7	Elias Schroeder	10	DESERT CHRIST ...	10:54.35
8	Jaryt Chen	10	OAKS CHRISTIAN	10:58.29
9	River Lisenby	10	OAKS CHRISTIAN	10:58.62
10	Miles Williams	10	CATE	11:00.29
11	Grant Kaltman	9	VIEWPOINT	11:00.79
12	Xavier Gomez	9	SANTA PAULA	11:01.60
13	Aaron Ortega	9	CARPINTERIA	11:04.23
14	MacAllister Welliver	9	CABRILLO	11:08.43
15	Nahum Santa Rosa	10	SANTA PAULA	11:28.10
16	Dimitri Nicolaou	9	SANTA YNEZ	11:29.64
17	Christian Dominguez	10	CARPINTERIA	11:33.25
18	Jackson Hawxhurst	9	SANTA YNEZ	11:34.92
19	Bret Winters	10	NORDHOFF	11:37.22
20	Jackson Muller	10	CATE	11:39.67
21	Erick Perez	9	PARACLETE	11:46.45
22	Alex Sutherland	9	SANTA YNEZ	11:47.14
23	Marco Santiago	9	SANTA PAULA	11:47.87
24	Christian Baljet	9	TRINITY CLASSICAL ACAD...	11:51.84

#35 Girls' 3200 Meters Varsity RC Record: 10:52.17

1	Shelby Taylor	10	MORRO BAY	11:00.30
2	Brooke Phelan	11	SANTA YNEZ	11:42.73
3	Sophie Ramirez	11	CABRILLO	12:05.15
4	Phaedra Fernflores	11	MORRO BAY	12:09.73
5	Jessica Orozco	12	FILLMORE	12:15.17
6	Miahnna Galvan	12	SANTA PAULA	12:31.94
7	Joella Denove	12	OAKS CHRISTIAN	12:42.31
8	Victoria Butts	12	EDGEWOOD	12:46.36
9	Jacqueline Olivares	12	FILLMORE	13:32.16
10	Miley Tello	11	FILLMORE	13:33.07
11	Keira Huff	11	OAKS CHRISTIAN	13:34.15
12	Emma Anderson	11	FOOTHILL TECH	13:35.27
13	Chloe Norena	11	OAKS CHRISTIAN	13:37.78

#36 Boys' 3200 Meters Varsity RC Record: 9:18.41

1	Cooper McNee	12	OAKS CHRISTIAN	9:07.93
2	Mehari Winheim	11	DESERT CHRIST ...	9:46.47
3	Alec Fabery	12	HERITAGE CHRISTIAN	9:52.20
4	Francisco Napoles	12	LOMPOC	9:58.76
5	Noah Barthel	11	LOMPOC	10:02.80
6	Joshua Mitchell	12	OAKS CHRISTIAN	10:04.23
7	Henry Fulk	12	FOOTHILL TECH	10:08.43
8	Abe Gade	10	MORRO BAY	10:12.69
9	Mateo Escalante	11	THACHER	10:14.73

10	Isaiah Bergara	12	HERITAGE CHRISTIAN	
	10:17.86			
11	Eli Waldman	12	MORRO BAY	10:34.41
12	Andrew Neville	11	VIEWPOINT	10:35.08
13	Omar Heredia	12	FILLMORE	10:36.22
14	Adam Winters	11	NORDHOFF	10:45.96
15	Vicente Navarro	12	CABRILLO	10:46.20
16	Anthony Valdovinos	12	SANTA PAULA	10:57.78
17	Anthony Moore	11	PARACLETE	10:58.90
18	Robert Marquez	11	DESERT CHRIST ...	11:03.87
19	Logan Bond	11	VIEWPOINT	11:04.36
20	Joaquin Cuellar	11	MORRO BAY	11:05.70
21	Angel Rios Hernandez	11	HERITAGE CHRISTIAN	11:06.26
22	Conrad Weston	12	OAKS CHRISTIAN	11:09.36
23	Chris Gutierrez	11	VASQUEZ	11:09.80
24	Colin Brun	11	VIEWPOINT	11:09.90

#37 Girls' 4x400 Relay Frosh/Soph RC Record: 4:06.37

1	OAKS CHRISTIAN	'A'	4:08.40
2	PARACLETE	'A'	4:12.98
3	CARPINTERIA	'A'	4:18.15
4	NIPOMO	'A'	4:39.67
5	DESERT CHRIST	'A'	4:45.42

#38 Boys' 4x400 Relay Frosh/Soph RC Record: 3:33.44

1	SANTA YNEZ	'A'	3:32.41
2	OAKS CHRISTIAN	'A'	3:34.04
3	NIPOMO	'A'	3:34.69
4	NORDHOFF	'A'	3:37.24
5	CATE	'A'	3:40.13
6	PARACLETE	'A'	3:43.20
7	SANTA PAULA	'A'	3:43.45
8	CARPINTERIA	'A'	3:58.92
9	VASQUEZ	'A'	4:07.19
10	OAKLAND MILITARY INSTITUTE	'A'	4:10.65

#39 Girls' 4x400 Relay Varsity RC Record: 3:58.11

1	OAKS CHRISTIAN	'A'	4:08.40
2	PARACLETE	'A'	4:12.98
3	CARPINTERIA	'A'	4:18.15
4	MORRO BAY	'A'	4:21.38
5	SANTA YNEZ	'A'	4:22.21
6	VIEWPOINT	'A'	4:34.50
7	YOSEMITE	'A'	4:48.65
8	OAKLAND MILITARY INSTITUTE	'A'	5:21.51

#40 Boys' 4x400 Relay Varsity RC Record: 3:22.14

1	SANTA YNEZ	'A'	3:32.41
2	OAKS CHRISTIAN	'A'	3:34.04
3	NIPOMO	'A'	3:34.69
4	NORDHOFF	'A'	3:37.24
5	SANTA PAULA	'A'	3:43.45
6	THACHER	'A'	3:47.04

7	MORRO BAY	'A'	3:51.23
8	OAKWOOD	'A'	3:54.22
9	CARPINTERIA	'A'	3:58.92
10	EDGEWOOD	'A'	

#59 Girls' Shot Put Frosh/Soph RC Record: 36-11 3/4

1	Taya Maumausolo Matagi		9
	NIPOMO	42-04.00	
2	Tasi Maumausolo Matagi		9
	NIPOMO	37-07.00	
3	Helen Welliver	10	CABRILLO 30-00.00
4	Emma Campbell	10	SANTA PAULA 29-10.50
5	Yianna Zaky-Papantoniou		9
	SIERRA CANYON	29-07.00	
6	Hermelinda Ocegueda	9	FILLMORE 29-01.50
7	Marely Avalos	10	CARPINTERIA 27-10.75
8	Lucy Murrillo	9	FILLMORE 27-08.00
9	Lillian Williams	9	BRENTWOOD 25-08.00
10	Ivy Marcum	10	WINDWARD 24-11.00
11	Kali Evans	10	BRENTWOOD 24-01.25
12	Kaelyn Williams	11	BRENTWOOD 23-11.50
13	Abigail Small	10	VASQUEZ 22-11.00
14	Desiree Marruffo	9	FILLMORE 22-10.50
15	Avery DeJohn	10	SANTA YNEZ 22-05.75
16	Natalia Mancilla	9	SANTA PAULA 22-05.50

#57 Boys' Shot Put Frosh/Soph RC Record: 56-2

1	Ethan Norwood	10	PARACLETE 45-04.00
2	Adan Vargas	10	BISHOP DIEGO 41-09.00
3	Travis Ramirez	10	SANTA YNEZ 39-09.00
4	Steele Kahler	9	NORDHOFF 39-00.00
5	Daniel Navarro	10	SANTA YNEZ 37-03.50
6	Lance Ciechanowski	9	SIERRA CANYON 37-03.00
7	Miguel Macias	9	ST. BONAVENTURE 37-02.00
8	Ramces Romero	10	CARPINTERIA 36-04.00
9	Emanuel Velazquez	10	FILLMORE 36-02.00
10	Edwin Nova	10	CARPINTERIA 36-02.00
11	Enzo Longhi	10	BRENTWOOD 35-04.50
12	Ryder Kabakoff	10	VIEWPOINT 34-11.00
13	Douglas Krebs	10	VILLANOVA PREP 34-06.25
14	Caleb Kelly	10	CARPINTERIA 34-03.00
15	Kellon Gandolfo	9	SANTA YNEZ 33-08.00

#60 Girls' Shot Put Varsity RC Record: 42-1

1	Corynn Smith	11	DESERT CHRIST ... 34-10.00
2	Makayla Handy	9	HERITAGE CHRISTIAN 33-00.50
3	Melanie Avalos	12	CARPINTERIA 32-03.50
4	Asiah Scheidt	11	NIPOMO 31-02.00
5	Mariah Campuzano	11	LOUISVILLE (G) 30-09.00
6	Nicole Colon	11	HERITAGE CHRISTIAN 30-03.50
7	Adrianna Deleon	9	FILLMORE 29-10.75
8	Scia Maumausolo	11	NIPOMO 29-03.50
9	Emily Soltero	11	FILLMORE 29-00.00
10	Julia Swanson	10	POLY (PASADENA) 28-04.00

11	Kimberly Hernandez	12	NORDHOFF	
28-02.50				
12	Zenaiyah Rubinstein	12	BRENTWOOD	28-02.00
13	Julia Petri	11	OAKS CHRISTIAN	28-02.00
14	Amelia Gerk	11	FOOTHILL TECH	28-00.75
15	Julianna Samarge	11	WINDWARD	27-07.50
16	LaShea Randolph	11	ST. BONAVENTURE	27-06.50
17	Ariel Montejano	12	FOOTHILL TECH	27-04.50
18	Kacy Caplan	11	SANTA YNEZ	25-06.50

#58 Boys' Shot Put Varsity RC Record: 62-5

1	James Moffat	11	CRESPI	49-10.50
2	Mason Badgett	12	ST. BONAVENTURE	46-05.50
3	Anthony Tafoya	12	FILLMORE	46-00.00
4	Elijah Spencer	11	FOOTHILL TECH	45-00.50
5	Jesus Vargas	12	BISHOP DIEGO	44-00.00
6	Malaki Stribling	12	SANTA YNEZ	42-02.00
7	Kameron Duplese	11	CRESPI	41-09.50
8	Ethan Ortiz	12	NIPOMO	41-08.00
9	Elijah Quezada	11	NIPOMO	40-09.00
10	Leonardo Castillo	12	SANTA YNEZ	40-08.00
11	Marcus Lechuga	11	FILLMORE	40-04.50
12	Dylan Cho	9	HERITAGE CHRISTIAN	40-03.00
13	Timothy Cho	12	HERITAGE CHRISTIAN	39-09.50
14	Emi Toledo	12	NIPOMO	39-08.00
15	Grant Bradley	12	PARACLETE	39-01.00
16	Levi DeJohn	11	SANTA YNEZ	38-09.50
17	Maximino Guerrero	12	SANTA PAULA	37-07.50
18	Isaac Rivera	11	FILLMORE	37-02.00
19	Matthew Driver	12	ST. BONAVENTURE	37-01.50
20	Kyler Lee	12	VIEWPOINT	36-08.00
21	Anthony Cruz	10	VIEWPOINT	36-07.00
22	Pablo Espana	12	NORDHOFF	33-07.00

#61 Girls' Discus Frosh/Soph RC Record: 117-9

1	Taya Maumausolo Matagi			9
	NIPOMO			110-02.50
2	Tasi Maumausolo Matagi			9
	NIPOMO			101-04.50
3	Abigail Small	10	VASQUEZ	96-06.00
4	Helen Welliver	10	CABRILLO	89-09.00
5	Marely Avalos	10	CARPINTERIA	89-06.00
6	Emma Campbell	10	SANTA PAULA	89-01.50
7	Vivian Schneider	10	VASQUEZ	88-03.00
8	Hermelinda Ocegueda	9	FILLMORE	82-05.00
9	Lucy Murrillo	9	FILLMORE	76-10.00
10	Avery Parra	9	CARPINTERIA	68-06.00
11	Yesenia Robles	10	FILLMORE	67-04.50
12	Kali Evans	10	BRENTWOOD	66-10.00
13	Ivy Marcum	10	WINDWARD	66-00.00
14	Sophia Aguirre	10	VASQUEZ	63-05.00
15	Brooke Ashiku	9	CATE	63-02.00
16	Avery DeJohn	10	SANTA YNEZ	62-07.00
17	Lyla Santos	9	NORDHOFF	61-07.00
18	Natalia Mancilla	9	SANTA PAULA	61-01.50

19	Yianna Zaky-Papantoniou			9
	SIERRA CANYON			61-01.00
20	Athziry Rojas	10	CARPINTERIA	55-05.00
21	Aaliyah Castaneda	9	SANTA PAULA	55-02.50

#63 Boys' Discus Frosh/Soph RC Record: 143-5

1	Caleb Kelly	10	CARPINTERIA	110-09.00
2	Ramces Romero	10	CARPINTERIA	107-06.00
3	Travis Ramirez	10	SANTA YNEZ	106-09.50
4	Adan Vargas	10	BISHOP DIEGO	104-01.00
5	Ethan Norwood	10	PARACLETE	103-01.00
6	Edwin Nova	10	CARPINTERIA	102-06.00
7	Hank Thomas	10	OAKWOOD	98-07.00
8	Kellon Gandolfo	9	SANTA YNEZ	98-07.00
9	Ryder Kabakoff	10	VIEWPOINT	98-05.00
10	Miguel Macias	9	ST. BONAVENTURE	98-02.00
11	Marcel Clemmons	9	PARACLETE	98-00.00
12	Steele Kahler	9	NORDHOFF	97-02.75
13	Jacob Eruaga	9	PARACLETE	94-02.00
14	Emanuel Velazquez	10	FILLMORE	93-00.00
15	Kyle Howard	9	HART	92-02.00
16	Sam Amuti	10	SIERRA CANYON	91-09.00
17	Daniel Navarro	10	SANTA YNEZ	86-06.00
18	Esteban Ceron	10	NORDHOFF	86-01.00
19	Dylan Cho	9	HERITAGE CHRISTIAN	84-10.00
20	Jesus Lopez	10	NORDHOFF	84-02.25
21	James Buchanan	9	CABRILLO	82-11.00
22	Brandon Ramirez	10	SANTA CLARA	80-01.00

#62 Girls' Discus Varsity RC Record: 138-9

1	Corynn Smith	11	DESERT CHRIST ...	141-03.00
2	Melanie Avalos	12	CARPINTERIA	112-10.00
3	Kimberly Hernandez	12	NORDHOFF	107-02.50
4	Asiah Scheidt	11	NIPOMO	106-02.00
5	Addison Godfrey	12	SANTA YNEZ	92-11.00
6	Amelia Gerk	11	FOOTHILL TECH	91-01.00
7	Aerin Garcia	12	FILLMORE	86-00.00
8	Kassidy Horton	11	VASQUEZ	85-07.00
9	Audrey Morales	11	EDGEWOOD	83-02.00
10	Julianna Samarge	11	WINDWARD	82-04.00
11	Ariel Montejano	12	FOOTHILL TECH	81-07.00
12	Angeline Hernandez	12	FILLMORE	81-03.00
13	Makayla Handy	9	HERITAGE CHRISTIAN	80-02.00
14	Scia Maumausolo	11	NIPOMO	78-05.50
15	Erelynkate Cruz	12	ST. GENEVIEVE	77-09.00
16	Kameron Parker	12	SANTA YNEZ	77-07.50
17	Emily Soltero	11	FILLMORE	76-09.00
18	Nicole Colon	11	HERITAGE CHRISTIAN	76-08.00
19	Jocelyn Jimenez	11	NORDHOFF	76-06.00
20	Kacy Caplan	11	SANTA YNEZ	76-04.00
21	Zenaiyah Rubinstein	12	BRENTWOOD	72-09.00
22	Johanna Dominguez	11	ST. GENEVIEVE	72-05.00
23	Lorena Escobar	12	FOOTHILL TECH	70-02.00

#64 Boys' Discus Varsity RC Record: 176-8

1	Anthony Tafoya	12	FILLMORE	153-01.00
2	Ikenna Ofiaeli	12	SANTA YNEZ	140-04.50
3	Emi Toledo	12	NIPOMO	130-10.00
4	Mason Badgett	12	ST. BONAVENTURE	127-07.00
5	Levi DeJohn	11	SANTA YNEZ	124-01.00
6	Grant Bradley	12	PARACLETE	123-06.00
7	Kyler Lee	12	VIEWPOINT	123-01.00
8	Brenden Tanori	12	EDGEWOOD	122-00.00
9	Ethan Ortiz	12	NIPOMO	121-09.00
10	Isaac Rivera	11	FILLMORE	118-09.00
11	Elijah Quezada	11	NIPOMO	118-09.00
12	Elijah Spencer	11	FOOTHILL TECH	118-09.00
13	Anthony Cruz	10	VIEWPOINT	115-10.00
14	Maximino Guerrero	12	SANTA PAULA	115-00.00
15	Enzo Longhi	10	BRENTWOOD	114-04.00
16	Isaiah Meza	11	FILLMORE	113-02.00
17	Bryan Booher	12	NORDHOFF	112-01.00
18	Elijah Arriaga	11	SANTA PAULA	111-04.25
19	Chase Metter	11	DESERT CHRIST ...	111-00.00
20	Davis Gandolfo	12	SANTA YNEZ	111-00.00
21	Matthew Bustamante	12	NORDHOFF	108-10.50
22	Eli Perez	11	CARPINTERIA	108-06.00
23	Jesus Vargas	12	BISHOP DIEGO	106-07.00
24	Alexander Marcos	12	PARACLETE	105-05.00
25	Carlos Alvarado	12	CARPINTERIA	103-11.00
26	Frank Macias	11	BISHOP DIEGO	103-06.00
27	Pablo Espana	12	NORDHOFF	103-05.00
28	Jadeyn Gennuso	11	VASQUEZ	102-04.00
29	Andy Ye	11	BRENTWOOD	101-02.00
30	Cole Higgs	11	CABRILLO	99-03.00
31	Connor Patelzick	11	FOOTHILL TECH	97-02.00
32	Yair Sanchez	12	SANTA PAULA	95-11.50

#50 Girls' High Jump Frosh/Soph RC Record: 5-4

1	Brynn Miller	10	YOSEMITE	4-10.00
2	Kali Evans	10	BRENTWOOD	4-10.00
3	Ashley Mascolo	9	WINDWARD	4-10.00
4	Parker Brigham	10	MORRO BAY	4-09.00
5	Vivian Schneider	10	VASQUEZ	4-06.00
6	Evelyn Whatley	9	FOOTHILL TECH	4-06.00
7	Elodie Hodge	9	SANTA YNEZ	4-05.00
8	Maerah DAgostino	9	FOOTHILL TECH	4-04.00
9	Aiyana Riley	10	VILLANOVA PREP	4-04.00
10	Gemma Chababi	9	OAKS CHRISTIAN	4-02.00
11	Mia Donnelly	10	SANTA YNEZ	4-02.00
12	Freya Herd	10	OAKS CHRISTIAN	4-02.00
13	Maiya Massie	10	MORRO BAY	4-02.00
14	Natalia Andrade	10	CARPINTERIA	4-02.00
15	Sabrina Corn	10	DESERT CHRIST ...	4-00.00
16	Abigail Dillenbeck	9	DESERT CHRIST ...	4-00.00
17	Savannah Gluth	9	VASQUEZ	4-00.00

#52 Boys' High Jump Frosh/Soph RC Record: 6-5

1	Maximus Essien-Ete	9	OAKS CHRISTIAN	5-06.00
2	Giovonnie Gude	9	SANTA CLARA	5-06.00
3	Gerardo Figueroa	10	EDGEWOOD	5-04.00
4	Henry Keller	10	LEGACY CHRIST...	5-04.00
5	Preston Mosley	10	OAKS CHRISTIAN	5-04.00
6	Kingsley Ossuetta	9	BRENTWOOD	5-04.00
7	Franckel'Ly Jacques	10	SANTA CLARA	5-04.00
8	Austin Helton	10	VASQUEZ	5-02.00
9	Benjamin Rupnow	9	PROVIDENCE ...	5-02.00
10	Jeremiah Duenas	9	HERITAGE CHRISTIAN	5-00.00
11	Jackson Hawxhurst	9	SANTA YNEZ	4-10.00
12	Jayce Flowers	9	OAKS CHRISTIAN	4-10.00
13	Brandan Marshall	10	HERITAGE CHRISTIAN	4-10.00

#51 Girls' High Jump Varsity RC Record: 5-6

1	Bennett Rodman	11	FOOTHILL TECH	5-01.00
2	Tessa Peterson	12	ST. BONAVENTURE	5-00.00
3	Malia Ortiz	12	SANTA YNEZ	4-10.00
4	Madelyn Carpenter	12	HERITAGE CHRISTIAN	4-10.00
5	Elena Sleiman	11	SANTA YNEZ	4-09.00
6	Lauren Kallik	11	FOOTHILL TECH	4-08.00
7	Yaneli Landin	11	FILLMORE	4-08.00
8	Kayla Kintner	11	HERITAGE CHRISTIAN	4-08.00
9	Rylee Larson	11	VASQUEZ	4-07.00
10	Ella Seery	11	NORDHOFF	4-06.00
11	Makenna Tobin	12	CARPINTERIA	4-06.00
12	Leslie Ruiz	12	NORDHOFF	4-06.00
13	Cassandra Salama	11	NIPOMO	4-05.00
14	Sofia Peralta	12	SANTA CLARA	4-04.00
15	Danielle Smith	11	EDGEWOOD	4-04.00
16	Jenna Halonen	12	YOSEMITE	4-03.00
17	Katie Millett	11	LEGACY CHRIST...	4-02.00
18	Bella Hart	11	FOOTHILL TECH	4-02.00
19	Charlotte Vermeiren	12	DESERT CHRIST ...	4-02.00
20	Haillie Nielsen	12	YOSEMITE	4-02.00

#49 Boys' High Jump Varsity RC Record: 6-9

1	Arman Jennings	12	LEGACY CHRIST...	6-03.00
2	Rafa Kelliher	11	THACHER	6-00.00
3	Roman Strakaluse	11	OAKS CHRISTIAN	5-10.00
4	Darren Haggerty	10	VIEWPOINT	5-08.00
5	Ethan Negrete	11	NIPOMO	5-08.00
6	Liam Burton	12	MORRO BAY	5-06.00
7	Brandon Alexander	12	OAKWOOD	5-06.00
8	Quinn Heidt	11	MORRO BAY	5-06.00
9	Miko Baertschi	11	NORDHOFF	5-06.00
10	Jack Millett	12	LEGACY CHRIST...	5-06.00
11	Isaiah Meza	11	FILLMORE	5-04.00
12	Oscar Oro	10	THACHER	5-04.00
13	Luis Gonzales	11	NORDHOFF	5-02.00
14	Jacob Schmidt	11	DESERT CHRIST ...	5-00.00
15	Asher Barnett	12	BRENTWOOD	5-00.00

16	Josiah Gonzales	11	CARPINTERIA	5-00.00
17	Carlo Suarez	12	CARPINTERIA	5-00.00
18	Dylan Cho	9	HERITAGE CHRISTIAN	5-00.00

#41 Girls' Long Jump Frosh/Soph RC Record: 16-9 3/4

1	Isabella Hogle	10	DESERT CHRIST ...	15-11.00
2	Megan Jones	9	NIPOMO	15-10.00
3	Brooklyn Anderson	9	BRENTWOOD	15-08.00
4	Ariana Jordan	10	SANTA PAULA	15-01.00
5	Ashlyn Stegner	10	DESERT CHRIST ...	14-11.00
6	Vivian Schneider	10	VASQUEZ	14-07.50
7	Brooke Broder	10	BRENTWOOD	14-06.00
8	Lena Onyeneke	9	NIPOMO	14-05.75
9	Siena St George	10	SANTA YNEZ	14-05.50
10	Jaslene Perez	10	SANTA YNEZ	14-02.00
11	Clarisse Beaumont	10	YOSEMITE	14-00.00
12	Yilian Gonzalez	9	NORDHOFF	14-00.00
13	Leela Wallace	10	OAKWOOD	13-09.50
14	Scarlett Sandoval	9	NIPOMO	13-09.00
15	London Reden	9	YOSEMITE	13-09.00
16	Peyton Herrera	9	ST. BONAVENTURE	13-07.75
17	Maiya Massie	10	MORRO BAY	13-07.50
18	Eislyn Barber	10	CABRILLO	13-06.50
19	Mila Wolfe	10	CABRILLO	13-06.50
20	Parker Brigham	10	MORRO BAY	13-05.00
21	Mia Donnelly	10	SANTA YNEZ	13-05.00
22	Jasmine Gonzalez	10	FILLMORE	13-04.50
23	Sol Yang	10	OAKS CHRISTIAN	13-04.50
24	Rocio Asencio	9	YOSEMITE	13-04.00
25	Kali Evans	10	BRENTWOOD	13-02.50
26	Syriah Nalls	9	VIEWPOINT	13-01.50

#43 Boys' Long Jump Frosh/Soph RC Record: 21-7 1/4

1	Tate Benjamin	10	CRESPI	21-03.00
2	Diago Anderson	10	CRESPI	20-11.00
3	Preston Mosley	10	OAKS CHRISTIAN	20-01.50
4	Grant Gordon	9	VIEWPOINT	20-00.00
5	Andrew Longomba	9	OAKS CHRISTIAN	19-05.75
6	Bryan Narcisse	10	OAKS CHRISTIAN	18-10.50
7	Kruz Jackson	9	BRENTWOOD	18-07.00
8	Braylin Glomah	10	CATE	18-06.00
9	Dylan Hitchcock	9	MORRO BAY	18-03.00
10	Khase Williams	10	CABRILLO	18-03.00
11	Joshua Felix	10	FILLMORE	17-10.00
12	Isaiah Giesea	9	NORDHOFF	17-07.00
13	Xander Baker	9	BRENTWOOD	17-04.75
14	Jacob Landless	9	SIERRA CANYON	17-03.00
15	Jett Mortensen	10	THACHER	17-03.00
16	Miles Thompson	10	CATE	17-02.50
17	Giovonnie Gude	9	SANTA CLARA	17-01.50
18	James Lee	10	MORRO BAY	16-10.50
19	Kellon Gandolfo	9	SANTA YNEZ	16-09.00
20	Ryan Wood	9	YOSEMITE	16-09.00
21	Austin Helton	10	VASQUEZ	16-08.00
22	Jacob Rogers	9	NORDHOFF	16-06.00

#42 Girls' Long Jump Varsity RC Record: 19-0

1	Catherine McFarlane	11	POLY (PASADENA)	17-00.50
2	Lilah Green	12	MORRO BAY	16-10.50
3	Hannah Ricci	10	SANTA YNEZ	15-11.00
4	Averi Alexander	12	CARPINTERIA	15-10.25
5	Brady Smith	11	CABRILLO	15-09.00
6	Ila Brooks	12	WINDWARD	15-08.50
7	Brooke Marsden	12	NIPOMO	15-08.00
8	Rylee Larson	11	VASQUEZ	15-07.50
9	Janessa Corona	11	FILLMORE	15-06.00
10	Azaria Okafor	10	VIEWPOINT	14-10.00
11	Sophia Vasquez	12	OAKS CHRISTIAN	14-07.00
12	Anna Morrison	12	CARPINTERIA	14-07.00
13	Emerson Evans	11	CATE	14-06.75
14	Syena Campuzano	12	HERITAGE CHRISTIAN	14-06.00
15	Reanna Diaz	11	NIPOMO	14-05.50
16	Campbell McClurg	10	SANTA YNEZ	14-05.00
17	Lauren Kaller	12	FOOTHILL TECH	14-04.50
18	Harloe Swanson	11	SANTA YNEZ	14-04.50
19	Maisie Wirsing	11	VASQUEZ	14-04.00
20	Aliyah Jackson	12	SANTA PAULA	14-02.00
21	Nia Mabowe	12	BRENTWOOD	14-02.00
22	Victoria Hagiu	11	VASQUEZ	14-01.00
23	Penny Norris	12	YOSEMITE	13-10.50
24	Elise Tsai	11	CATE	13-09.50

#44 Boys' Long Jump Varsity RC Record: 22-11

1	Arman Jennings	12	LEGACY CHRIST...	21-09.50
2	Darren Haggerty	10	VIEWPOINT	21-00.00
3	Kenyon Ebole-Gordon	11	VIEWPOINT	20-03.75
4	Chase Metter	11	DESERT CHRIST ...	20-03.75
5	Josiah Cruz	12	FILLMORE	19-09.00
6	Austin Willis	10	SANTA YNEZ	19-07.00
7	Ethan Negrete	11	NIPOMO	19-04.25
8	Osezuwa Ainabe	11	VIEWPOINT	19-01.50
9	Tianqi (Kyler) Li	11	OAKS CHRISTIAN	19-00.75
10	Temisan Omomuwasan	11	OAKS CHRISTIAN	19-00.50
11	Sebastian Cripe	12	SANTA PAULA	19-00.00
12	Liam Burton	12	MORRO BAY	18-11.00
13	Mason Skidmore	11	SANTA YNEZ	18-10.00
14	Colton Janovec	12	MORRO BAY	18-10.00
15	Mason Flowers	12	LEGACY CHRIST...	18-08.00
16	Christopher Bradshaw	12	PARACLETE	18-08.00
17	Will Eddy	11	NORDHOFF	18-05.00
18	Asher Barnett	12	BRENTWOOD	18-05.00
19	Zachary Goins	12	CATE	18-04.50
20	Sawyer Kelly	12	CARPINTERIA	18-02.25
21	Jacob Schmidt	11	DESERT CHRIST ...	18-01.00
22	Jasiah Patterson	11	FILLMORE	17-11.50
23	Isaac Rabago	12	SANTA PAULA	17-10.00
24	Greyson Foy	11	SANTA YNEZ	17-09.00

#47 Girls' Triple Jump Frosh/Soph RC Record: 36-3 3/4

1	Vivian Schneider	10	VASQUEZ	31-02.75
2	Sarah Cedillos	10	FILLMORE	30-11.50
3	Wren Zimmerman	9	NORDHOFF	30-00.00
4	Gemma Chababi	9	OAKS CHRISTIAN	29-04.75
5	Lotus Katzoff	10	MORRO BAY	27-01.25
6	Maiya Massie	10	MORRO BAY	26-03.00
7	Jordan De Baets	10	VIEWPOINT	25-05.00
8	Marley-Simone Myles	9	BRENTWOOD	25-03.50

#45 Boys' Triple Jump Frosh/Soph RC Record: 42-7 3/4

1	Preston Mosley	10	OAKS CHRISTIAN	41-08.25
2	Khase Williams	10	CABRILLO	39-00.50
3	Saul Fraga-Sandoval	10	FILLMORE	38-11.00
4	Joseph Chavarria	10	VILLANOVA PREP	35-11.75
5	Alejandro Garduno-Herrera	10	SANTA PAULA	35-10.00
6	Isaiah Giesea	9	NORDHOFF	34-10.00
7	Ryan Chen	10	CATE	34-04.75

#48 Girls' Triple Jump Varsity RC Record: 38-0 1/2

1	Catherine McFarlane	11	POLY (PASADENA)	35-09.50
2	Averi Alexander	12	CARPINTERIA	34-07.25
3	Brooke Marsden	12	NIPOMO	32-05.50
4	Anna Morrison	12	CARPINTERIA	32-04.25
5	Kayla Kintner	11	HERITAGE CHRISTIAN	32-02.00
6	Emerson Evans	11	CATE	31-08.50
7	Sophia Vasquez	12	OAKS CHRISTIAN	31-05.75
8	Leslie Ruiz	12	NORDHOFF	30-05.00
9	Camila Martinez	12	CARPINTERIA	30-05.00
10	Elise Tsai	11	CATE	30-03.75
11	Freya Herd	10	OAKS CHRISTIAN	30-03.25
12	Erelynkate Cruz	12	ST. GENEVIEVE	29-00.00
13	Victoria Hagi	11	VASQUEZ	28-10.50
14	Ambrielle Harris	11	VIEWPOINT	28-09.00
15	Cassandra Salama	11	NIPOMO	28-09.00
16	Leona Zhukova	11	NIPOMO	27-08.00
17	Ethel Leizer	12	HERITAGE CHRISTIAN	27-02.00
18	Maisie Wirsing	11	VASQUEZ	27-01.00

#46 Boys' Triple Jump Varsity RC Record: 45-10 1/2

1	Chase Metter	11	DESERT CHRIST ...	45-05.00
2	Arman Jennings	12	LEGACY CHRIST...	40-06.00
3	Zachary Goins	12	CATE	39-02.00
4	Sawyer Kelly	12	CARPINTERIA	38-11.50
5	Ethan Negrete	11	NIPOMO	38-09.50
6	Quinn Heidt	11	MORRO BAY	38-05.75
7	Mauricio Ocegueda	11	FILLMORE	38-02.75
8	Rodrigo Mendez	12	SANTA PAULA	38-02.00
9	Will Eddy	11	NORDHOFF	36-11.50
10	Isaac Rabago	12	SANTA PAULA	36-11.00
11	Jacob Schmidt	11	DESERT CHRIST ...	36-06.00

12	Allen Hayrapetyan	11	ST. GENEVIEVE	36-05.00
13	Jasiah Patterson	11	FILLMORE	36-04.50

#56 Girls' Pole Vault Frosh/Soph RC Record: 10-3

1	Eleni Karamouzie	9	OAKS CHRISTIAN	7-08.00
2	Lydia Edwards	9	NIPOMO	7-06.00
3	Melissa Xu	10	OAKS CHRISTIAN	7-03.00
4	Aurora Weston	9	OAKS CHRISTIAN	7-00.00
5	Maiya Massie	10	MORRO BAY	6-06.00
6	Rocio Asencio	9	YOSEMITE	6-00.00
7	Clementine Rowan	10	NORDHOFF	5-06.00

#54 Boys' Pole Vault Frosh/Soph RC Record: 14-9

1	Brooks Bennett	10	OAKS CHRISTIAN	11-06.00
2	Ryan Edwards	10	NIPOMO	11-00.00
3	Collin O'Leary	10	CRESPI	11-00.00
4	Wyatt Nichols	9	NIPOMO	10-00.00
5	Brandon Hiday	9	OAKS CHRISTIAN	9-06.00
6	Alessandro Salamone	10	CRESPI	9-06.00
7	Ryker Blake	10	NORDHOFF	9-00.00
8	Wyatt Caskey	10	CARPINTERIA	9-00.00
9	Noal Kemp	10	SANTA YNEZ	9-00.00
10	Trevor Jackovich	9	OAKS CHRISTIAN	8-06.00
11	Max Owens	10	NORDHOFF	7-06.00

#53 Girls' Pole Vault Varsity RC Record: 12-2

1	Malia Ortiz	12	SANTA YNEZ	11-03.00
2	Bennett Rodman	11	FOOTHILL TECH	9-10.00
3	Kate Wade	12	SANTA YNEZ	9-00.00
4	Zuzu Haring	12	NORDHOFF	7-06.00
5	Ava Wade	12	SANTA YNEZ	7-06.00
6	Sol Yang	10	OAKS CHRISTIAN	7-00.00
7	Lauren Kallik	11	FOOTHILL TECH	7-00.00
8	Noelle Thomas	10	SANTA YNEZ	

#55 Boys' Pole Vault Varsity RC Record: 15-6

1	Pierce Brittain	12	OAKS CHRISTIAN	14-07.00
2	Liam Burton	12	MORRO BAY	13-03.00
3	Quinn Heidt	11	MORRO BAY	11-06.00
4	Luis Velazquez	12	SANTA YNEZ	10-09.00
5	Nathan Carrillo	12	CARPINTERIA	10-06.00
6	Jeremy Haines	11	CARPINTERIA	10-06.00
7	Ilan Torres	12	SANTA YNEZ	9-03.00
8	Jake Weber	11	NORDHOFF	9-00.00
9	Captain Wagner	11	OAKS CHRISTIAN	9-00.00

105th RUSSELL CUP TRACK & FIELD MEET

April 19, 2025

Adjusted Oder of Events*

EVENT			TIME	EVENT			TIME
1.	FS Girls	4 x 100 RELAY	9:30	41.	FS Girls	LONG JUMP	9:00
2.	FS Boys			42.	V Girls	LONG JUMP	11:30
3.	V Girls			43.	FS Girls	TRIPLE JUMP	1:30
4.	V Boys			44.	V Girls	TRIPLE JUMP	2:30
5.	FS Girls	1600 METERS	9:50		(East Pit)		
6.	FS Boys			45.	FS Boys	TRIPLE JUMP	9:00
7.	V Girls			46.	V Boys	TRIPLE JUMP	10:30
8.	V Boys			47.	FS Boys	LONG JUMP	12:30
9.	FS Girls	100 HURDLES	10:35	48.	V Boys	LONG JUMP	2:30
10.	V Girls				(Infield Pit)		
11.	FS Boys	110 HURDLES		49.	V Boys	HIGH JUMP	9:00
12.	V Boys			50.	FS Girls	HIGH JUMP	11:00
13.	FS Girls	400 METERS	11:05	51.	V Girls	HIGH JUMP	1:00
14.	FS Boys			52.	FS Boys	HIGH JUMP	3:00
15.	V Girls						
16.	V Boys			53.	V Girls	POLE VAULT	9:00
	BREAK			54.	FS Boys	POLE VAULT	11:00
17.	FS Girls	100 METERS	12:15	55.	V Boys	POLE VAULT	1:00
18.	FS Boys			56.	FS Girls	POLE VAULT	3:00
19.	V Girls						
20.	V Boys			57.	FS Boys	SHOT PUT	10:00
21.	FS Girls	800 METERS	1:00	58.	V Boys	SHOT PUT	10:00
22.	FS Boys			59.	FS Girls	SHOT PUT	12:30
23.	V Girls			60.	V Girls	SHOT PUT	12:30
24.	V Boys				(Varsity Shot Put - South Ring)		
25.	FS Girls	300 HURDLES	1:45		(F/S Shot Put - North Ring)		
26.	V Girls						
27.	FS Boys			61.	FS Girls	DISCUS	10:00
28.	V Boys			62.	V Girls	DISCUS	10:00
29.	FS Girls	200 METERS	2:10	63.	FS Boys	DISCUS	12:30
30.	FS Boys			64.	V Boys	DISCUS	12:30
31.	V Girls				(Varsity Discus - East Ring)		
32.	V Boys				(FS Discus - West Ring)		
33.	FS Girls	3200 METERS	2:55				
34.	FS Boys						
35.	V Girls						
36.	V Boys						
37.	FS Girls	4 x 400 RELAY	4:10				
38.	FS Boys						
39.	V Girls						

*The time schedule is tentative.